























Metompkin Inlet, VA - Aug 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:16	3.7	8:49	4.9	2:12	-0.2	2:09	-0.6	6:06	8:10	
2	Thu	9:07	3.9	9:37	4.8	2:59	-0.3	3:00	-0.6	6:07	8:09	
3	Fri	9:56	4.0	10:22	4.6	3:43	-0.4	3:49	-0.5	6:08	8:08	
4	Sat	10:43	4.0	11:05	4.4	4:25	-0.3	4:36	-0.3	6:09	8:07	
5	Sun	11:28	4.0	11:47	4.1	5:07	-0.2	5:23	0.0	6:10	8:06	
6	Mon			12:12	4.0	5:48	0.0	6:12	0.3	6:10	8:05	
7	Tue	12:29	3.8	12:58	3.9	6:30	0.3	7:01	0.7	6:11	8:04	
8	Wed	1:13	3.4	1:45	3.8	7:13	0.5	7:53	0.9	6:12	8:03	
9	Thu	1:59	3.2	2:37	3.7	7:59	0.7	8:47	1.2	6:13	8:02	
10	Fri	2:50	3.0	3:34	3.7	8:48	0.8	9:44	1.3	6:14	8:00	
11	Sat	3:47	2.9	4:33	3.7	9:39	0.9	10:41	1.3	6:15	7:59	
12	Sun	4:45	2.9	5:29	3.9	10:33	0.9	11:36	1.2	6:16	7:58	
13	Mon	5:41	3.1	6:19	4.1	11:26	0.8			6:16	7:57	
14	Tue	6:31	3.3	7:06	4.3	12:27	1.1	12:18	0.6	6:17	7:56	
15	Wed	7:19	3.5	7:49	4.5	1:12	0.8	1:07	0.4	6:18	7:54	
16	Thu	8:04	3.8	8:32	4.7	1:54	0.6	1:54	0.1	6:19	7:53	
17	Fri	8:49	4.0	9:14	4.8	2:34	0.3	2:39	0.0	6:20	7:52	
18	Sat	9:33	4.3	9:57	4.7	3:14	0.1	3:24	-0.1	6:21	7:50	
19	Sun	10:18	4.5	10:40	4.6	3:54	-0.1	4:11	-0.1	6:22	7:49	
20	Mon	11:04	4.6	11:24	4.5	4:36	-0.1	5:00	-0.1	6:22	7:48	
21	Tue	11:51	4.7			5:20	-0.1	5:52	0.1	6:23	7:46	
22	Wed	12:10	4.2	12:41	4.7	6:08	0.0	6:49	0.3	6:24	7:45	
23	Thu	1:00	3.9	1:36	4.6	6:59	0.1	7:49	0.5	6:25	7:44	
24	Fri	1:55	3.6	2:37	4.5	7:56	0.2	8:54	0.7	6:26	7:42	
25	Sat	2:56	3.4	3:44	4.4	8:56	0.2	10:00	0.7	6:27	7:41	
26	Sun	4:04	3.3	4:52	4.4	10:00	0.2	11:07	0.6	6:28	7:40	
27	Mon	5:13	3.3	5:56	4.5	11:05	0.1			6:28	7:38	
28	Tue	6:15	3.5	6:53	4.6	12:09	0.5	12:07	0.0	6:29	7:37	
29	Wed	7:11	3.7	7:43	4.6	1:04	0.2	1:05	-0.2	6:30	7:35	
30	Thu	8:01	3.9	8:30	4.6	1:52	0.1	1:57	-0.3	6:31	7:34	
31	Fri	8:48	4.1	9:13	4.5	2:35	-0.1	2:45	-0.3	6:32	7:32	