US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Oct 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**9:46**	4.5	**10:05**	3.9	**3:18**	0.1	**3:50**	0.2	6:58	6:45	
2	Tue	**10:26**	4.5	**10:44**	3.8	**3:54**	0.2	**4:30**	0.4	6:59	6:43	
3	Wed	**11:06**	4.4	**11:24**	3.6	**4:30**	0.4	**5:11**	0.6	7:00	6:42	
4	Thu	**11:48**	4.3			**5:09**	0.6	**5:54**	0.9	7:01	6:40	
5	Fri	**12:05**	3.4	**12:31**	4.2	**5:50**	0.8	**6:40**	1.1	7:02	6:39	
6	Sat	**12:49**	3.3	**1:18**	4.0	**6:36**	1.0	**7:30**	1.3	7:02	6:37	
7	Sun	**1:36**	3.2	**2:10**	3.9	**7:26**	1.2	**8:23**	1.4	7:03	6:36	
8	Mon	**2:31**	3.1	**3:06**	3.9	**8:21**	1.2	**9:17**	1.4	7:04	6:34	
9	Tue	**3:30**	3.2	**4:04**	3.9	**9:19**	1.2	**10:10**	1.3	7:05	6:33	
10	Wed	**4:30**	3.4	**5:00**	4.1	**10:18**	1.1	**11:01**	1.0	7:06	6:31	
11	Thu	**5:26**	3.7	**5:52**	4.2	**11:15**	0.8	**11:50**	0.7	7:07	6:30	
12	Fri	**6:17**	4.1	**6:40**	4.4			**12:11**	0.5	7:08	6:28	
13	Sat	**7:05**	4.5	**7:28**	4.5	**12:38**	0.3	**1:05**	0.2	7:09	6:27	
14	Sun	**7:53**	4.9	**8:15**	4.5	**1:24**	0.0	**1:56**	-0.1	7:10	6:26	
15	Mon	**8:41**	5.3	**9:03**	4.5	**2:09**	-0.3	**2:47**	-0.4	7:11	6:24	
16	Tue	**9:30**	5.4	**9:52**	4.4	**2:55**	-0.5	**3:37**	-0.4	7:12	6:23	
17	Wed	**10:20**	5.5	**10:42**	4.2	**3:42**	-0.5	**4:29**	-0.4	7:13	6:22	
18	Thu	**11:12**	5.4	**11:34**	4.0	**4:31**	-0.5	**5:23**	-0.2	7:14	6:20	
19	Fri			**12:06**	5.2	**5:24**	-0.3	**6:21**	0.1	7:15	6:19	
20	Sat	**12:28**	3.8	**1:03**	4.9	**6:21**	-0.1	**7:22**	0.3	7:16	6:18	
21	Sun	**1:27**	3.6	**2:03**	4.6	**7:23**	0.2	**8:24**	0.5	7:17	6:16	
22	Mon	**2:31**	3.4	**3:09**	4.3	**8:28**	0.4	**9:27**	0.5	7:18	6:15	
23	Tue	**3:42**	3.4	**4:16**	4.0	**9:36**	0.5	**10:28**	0.5	7:19	6:14	
24	Wed	**4:52**	3.5	**5:19**	3.9	**10:42**	0.5	**11:23**	0.5	7:20	6:12	
25	Thu	**5:51**	3.7	**6:12**	3.8	**11:46**	0.5			7:21	6:11	
26	Fri	**6:40**	4.0	**6:58**	3.8	**12:12**	0.4	**12:41**	0.4	7:22	6:10	
27	Sat	**7:23**	4.2	**7:39**	3.7	**12:54**	0.3	**1:29**	0.3	7:23	6:09	
28	Sun	**8:02**	4.3	**8:18**	3.7	**1:33**	0.2	**2:11**	0.3	7:24	6:08	
29	Mon	**8:41**	4.5	**8:57**	3.7	**2:10**	0.2	**2:50**	0.2	7:25	6:07	
30	Tue	**9:20**	4.5	**9:36**	3.6	**2:46**	0.2	**3:28**	0.3	7:26	6:05	
31	Wed	**9:59**	4.5	**10:16**	3.5	**3:22**	0.2	**4:06**	0.4	7:27	6:04	