
































Metompkin Inlet, VA - Nov 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:40	4.5	10:56	3.4	3:59	0.3	4:45	0.6	7:28	6:03	
2	Fri	11:21	4.4	11:37	3.3	4:37	0.5	5:27	0.8	7:29	6:02	
3	Sat			12:03	4.2	5:18	0.7	6:11	0.9	7:30	6:01	
4	Sun	12:20	3.2	11:46 AM	4.1	5:03	0.9	5:58	1.1	6:31	5:00	
5	Mon	12:06	3.2	12:33	4.0	5:52	1.0	6:47	1.1	6:32	4:59	
6	Tue	12:57	3.2	1:24	3.9	6:47	1.1	7:37	1.1	6:33	4:58	
7	Wed	1:54	3.3	2:20	3.9	7:45	1.1	8:28	0.9	6:34	4:57	
8	Thu	2:53	3.5	3:17	3.9	8:44	0.9	9:19	0.7	6:35	4:56	
9	Fri	3:51	3.8	4:12	3.9	9:45	0.7	10:10	0.4	6:36	4:55	
10	Sat	4:45	4.2	5:05	4.0	10:44	0.4	11:01	0.0	6:37	4:55	
11	Sun	5:37	4.7	5:57	4.1	11:41	0.1	11:51	-0.3	6:38	4:54	
12	Mon	6:28	5.1	6:48	4.1			12:36	-0.3	6:39	4:53	
13	Tue	7:19	5.3	7:39	4.1	12:41	-0.6	1:30	-0.5	6:40	4:52	
14	Wed	8:11	5.5	8:31	4.1	1:31	-0.8	2:22	-0.6	6:41	4:51	
15	Thu	9:03	5.5	9:24	4.0	2:21	-0.9	3:15	-0.6	6:43	4:51	
16	Fri	9:56	5.4	10:18	3.8	3:13	-0.8	4:08	-0.5	6:44	4:50	
17	Sat	10:50	5.1	11:13	3.7	4:07	-0.6	5:04	-0.3	6:45	4:49	
18	Sun	11:45	4.7			5:04	-0.4	6:02	-0.1	6:46	4:49	
19	Mon	12:10	3.5	12:41	4.3	6:05	0.0	7:00	0.1	6:47	4:48	
20	Tue	1:12	3.4	1:41	4.0	7:09	0.2	7:58	0.2	6:48	4:48	
21	Wed	2:18	3.4	2:43	3.6	8:15	0.4	8:53	0.3	6:49	4:47	
22	Thu	3:25	3.5	3:44	3.4	9:21	0.5	9:46	0.3	6:50	4:47	
23	Fri	4:25	3.6	4:38	3.3	10:24	0.6	10:34	0.3	6:51	4:46	
24	Sat	5:14	3.8	5:26	3.2	11:21	0.5	11:18	0.2	6:52	4:46	
25	Sun	5:57	4.0	6:08	3.2			12:09	0.4	6:53	4:45	
26	Mon	6:37	4.1	6:49	3.2			12:51	0.4	6:54	4:45	
27	Tue	7:17	4.2	7:29	3.3	12:39	0.1	1:30	0.3	6:55	4:45	
28	Wed	7:56	4.3	8:10	3.3	1:17	0.1	2:07	0.3	6:56	4:44	
29	Thu	8:36	4.4	8:51	3.3	1:55	0.1	2:44	0.3	6:57	4:44	
30	Fri	9:17	4.4	9:32	3.2	2:33	0.1	3:22	0.4	6:58	4:44	