US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Jan 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:52	4.0	11:13	3.3	4:14	0.0	4:56	0.1	7:17	4:54	
2	Wed	11:33	3.9	11:59	3.4	5:01	0.1	5:39	0.1	7:17	4:55	
3	Thu			12:18	3.7	5:52	0.2	6:26	0.1	7:17	4:56	
4	Fri	12:49	3.5	1:07	3.5	6:49	0.3	7:15	0.0	7:17	4:57	
5	Sat	1:46	3.6	2:04	3.3	7:49	0.3	8:09	-0.1	7:17	4:58	
6	Sun	2:47	3.8	3:05	3.2	8:53	0.3	9:05	-0.3	7:17	4:59	
7	Mon	3:50	4.0	4:08	3.2	9:58	0.1	10:04	-0.5	7:17	4:59	
8	Tue	4:52	4.3	5:09	3.3	11:02	-0.1	11:04	-0.8	7:17	5:00	
9	Wed	5:51	4.6	6:08	3.4			12:03	-0.4	7:17	5:01	
10	Thu	6:47	4.8	7:04	3.5	12:03	-1.0	1:00	-0.7	7:17	5:02	
11	Fri	7:41	4.9	7:59	3.6	12:58	-1.3	1:52	-0.9	7:17	5:03	
12	Sat	8:33	4.9	8:52	3.7	1:52	-1.4	2:41	-1.0	7:16	5:04	
13	Sun	9:23	4.7	9:43	3.7	2:44	-1.4	3:30	-1.0	7:16	5:05	
14	Mon	10:11	4.5	10:33	3.7	3:35	-1.2	4:17	-0.9	7:16	5:06	
15	Tue	10:58	4.1	11:23	3.6	4:27	-0.9	5:04	-0.7	7:16	5:07	
16	Wed	11:45	3.8			5:20	-0.5	5:52	-0.5	7:15	5:08	
17	Thu	12:13	3.5	12:32	3.4	6:15	-0.2	6:40	-0.2	7:15	5:09	
18	Fri	1:05	3.3	1:21	3.0	7:11	0.2	7:28	0.0	7:14	5:10	
19	Sat	2:01	3.2	2:14	2.7	8:09	0.5	8:18	0.1	7:14	5:12	
20	Sun	3:00	3.2	3:11	2.6	9:08	0.6	9:09	0.2	7:13	5:13	
21	Mon	3:59	3.3	4:08	2.5	10:08	0.7	10:00	0.2	7:13	5:14	
22	Tue	4:53	3.4	5:01	2.6	11:04	0.6	10:51	0.1	7:12	5:15	
23	Wed	5:42	3.6	5:49	2.7	11:53	0.5	11:40	0.0	7:12	5:16	
24	Thu	6:27	3.7	6:35	2.9			12:36	0.4	7:11	5:17	
25	Fri	7:09	3.9	7:18	3.1	12:25	-0.2	1:15	0.2	7:11	5:18	
26	Sat	7:50	4.1	8:01	3.3	1:08	-0.3	1:52	0.0	7:10	5:19	
27	Sun	8:30	4.2	8:43	3.4	1:49	-0.4	2:29	-0.1	7:09	5:20	
28	Mon	9:09	4.2	9:24	3.5	2:30	-0.5	3:07	-0.2	7:08	5:21	
29	Tue	9:48	4.1	10:06	3.6	3:12	-0.4	3:45	-0.2	7:08	5:23	
30	Wed	10:28	4.0	10:48	3.7	3:55	-0.4	4:26	-0.3	7:07	5:24	
31	Thu	11:09	3.9	11:34	3.8	4:42	-0.3	5:09	-0.2	7:06	5:25	