

































Metompkin Inlet, VA - Mar 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:48	3.9	11:13	4.3	4:26	-0.5	4:42	-0.4	6:33	5:56	
2	Sat	11:34	3.6			5:18	-0.3	5:30	-0.3	6:31	5:57	
3	Sun	12:03	4.2	12:25	3.4	6:14	-0.1	6:24	-0.2	6:30	5:58	
4	Mon	1:00	4.1	1:22	3.2	7:15	0.1	7:23	-0.2	6:28	5:59	
5	Tue	2:04	4.0	2:27	3.0	8:19	0.2	8:26	-0.1	6:27	6:00	
6	Wed	3:12	3.9	3:36	3.0	9:25	0.2	9:32	-0.2	6:25	6:01	
7	Thu	4:20	4.0	4:42	3.2	10:30	0.1	10:38	-0.4	6:24	6:02	
8	Fri	5:22	4.1	5:42	3.4	11:30	-0.2	11:40	-0.6	6:23	6:03	
9	Sat	6:18	4.2	6:36	3.7			12:23	-0.4	6:21	6:04	
10	Sun	8:08	4.2	8:26	3.9	12:36	-0.8	2:10	-0.6	7:20	7:04	
11	Mon	8:54	4.1	9:12	4.1	2:27	-0.9	2:53	-0.7	7:18	7:05	
12	Tue	9:38	4.0	9:56	4.1	3:14	-0.9	3:34	-0.7	7:17	7:06	
13	Wed	10:21	3.9	10:39	4.1	3:58	-0.8	4:14	-0.6	7:15	7:07	
14	Thu	11:02	3.7	11:22	4.1	4:42	-0.6	4:53	-0.4	7:14	7:08	
15	Fri	11:43	3.5			5:26	-0.3	5:33	-0.1	7:12	7:09	
16	Sat	12:04	3.9	12:24	3.2	6:11	0.0	6:16	0.1	7:11	7:10	
17	Sun	12:48	3.7	1:08	3.0	6:58	0.4	7:01	0.4	7:09	7:11	
18	Mon	1:36	3.5	1:55	2.8	7:47	0.7	7:50	0.6	7:08	7:12	
19	Tue	2:28	3.4	2:48	2.7	8:40	0.9	8:44	0.7	7:06	7:13	
20	Wed	3:27	3.3	3:47	2.7	9:35	1.0	9:39	0.7	7:05	7:14	
21	Thu	4:27	3.4	4:47	2.9	10:30	1.0	10:36	0.6	7:03	7:15	
22	Fri	5:24	3.5	5:42	3.1	11:23	0.9	11:32	0.5	7:02	7:16	
23	Sat	6:15	3.7	6:31	3.4			12:12	0.6	7:00	7:17	
24	Sun	7:01	3.9	7:18	3.7	12:25	0.2	12:57	0.4	6:59	7:18	
25	Mon	7:45	4.0	8:02	4.1	1:14	-0.1	1:40	0.1	6:57	7:18	
26	Tue	8:29	4.1	8:47	4.4	2:01	-0.3	2:22	-0.2	6:56	7:19	
27	Wed	9:12	4.2	9:32	4.6	2:48	-0.5	3:04	-0.4	6:54	7:20	
28	Thu	9:57	4.2	10:18	4.8	3:34	-0.6	3:46	-0.5	6:52	7:21	
29	Fri	10:42	4.1	11:05	4.8	4:21	-0.6	4:31	-0.5	6:51	7:22	
30	Sat	11:29	3.9	11:55	4.7	5:11	-0.5	5:19	-0.5	6:49	7:23	
31	Sun			12:18	3.7	6:05	-0.3	6:10	-0.3	6:48	7:24	