US HARBORS www.USHarbors.com

Metompkin Inlet, VA - May 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:30	4.5	2:00	3.5	7:48	-0.1	7:56	0.0	6:06	7:52	
2	Thu	2:30	4.2	3:05	3.4	8:48	0.1	9:02	0.2	6:05	7:53	
3	Fri	3:35	3.9	4:13	3.5	9:47	0.1	10:09	0.2	6:03	7:54	
4	Sat	4:40	3.7	5:17	3.6	10:44	0.1	11:14	0.2	6:02	7:55	
5	Sun	5:40	3.6	6:12	3.8	11:38	0.1			6:01	7:56	
6	Mon	6:32	3.5	7:00	4.0	12:16	0.1	12:27	0.0	6:00	7:57	
7	Tue	7:19	3.5	7:44	4.2	1:10	0.0	1:11	-0.1	5:59	7:58	
8	Wed	8:02	3.4	8:25	4.3	1:57	0.0	1:52	-0.1	5:58	7:59	
9	Thu	8:44	3.4	9:05	4.4	2:39	-0.1	2:31	-0.1	5:57	7:59	
10	Fri	9:25	3.4	9:46	4.4	3:18	0.0	3:10	0.0	5:56	8:00	
11	Sat	10:06	3.3	10:27	4.3	3:57	0.0	3:48	0.1	5:55	8:01	
12	Sun	10:47	3.3	11:08	4.3	4:35	0.2	4:28	0.2	5:54	8:02	
13	Mon	11:28	3.2	11:49	4.1	5:16	0.3	5:09	0.4	5:53	8:03	
14	Tue			12:10	3.2	5:57	0.5	5:52	0.6	5:53	8:04	
15	Wed	12:32	4.0	12:55	3.1	6:41	0.7	6:39	0.8	5:52	8:05	
16	Thu	1:16	3.8	1:42	3.1	7:27	0.8	7:30	0.9	5:51	8:06	
17	Fri	2:04	3.7	2:34	3.2	8:14	0.8	8:25	1.0	5:50	8:06	
18	Sat	2:55	3.6	3:29	3.4	9:02	0.8	9:22	0.9	5:49	8:07	
19	Sun	3:50	3.6	4:25	3.6	9:51	0.6	10:20	0.8	5:49	8:08	
20	Mon	4:46	3.6	5:20	4.0	10:42	0.4	11:19	0.5	5:48	8:09	
21	Tue	5:40	3.7	6:12	4.4	11:33	0.2			5:47	8:10	
22	Wed	6:33	3.8	7:03	4.8	12:16	0.2	12:24	-0.1	5:47	8:11	
23	Thu	7:24	3.9	7:54	5.1	1:12	-0.1	1:15	-0.4	5:46	8:11	
24	Fri	8:16	3.9	8:46	5.3	2:06	-0.4	2:06	-0.6	5:45	8:12	
25	Sat	9:09	3.9	9:38	5.4	2:58	-0.6	2:57	-0.8	5:45	8:13	
26	Sun	10:02	3.9	10:31	5.3	3:50	-0.7	3:49	-0.8	5:44	8:14	
27	Mon	10:55	3.9	11:24	5.2	4:43	-0.7	4:43	-0.7	5:44	8:14	
28	Tue	11:50	3.8			5:36	-0.6	5:39	-0.5	5:43	8:15	
29	Wed	12:17	4.9	12:46	3.7	6:32	-0.4	6:38	-0.3	5:43	8:16	
30	Thu	1:12	4.5	1:44	3.6	7:28	-0.3	7:41	0.0	5:42	8:17	
31	Fri	2:08	4.1	2:46	3.6	8:24	-0.1	8:45	0.2	5:42	8:17	