US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Aug 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**4:51**	2.9	**5:36**	3.8	**10:41**	0.6	**11:52**	1.0	6:06	8:10	
2	Fri	**5:45**	2.9	**6:25**	3.9	**11:34**	0.6			6:07	8:09	
3	Sat	**6:35**	3.1	**7:10**	4.1	**12:42**	0.9	**12:23**	0.5	6:08	8:08	
4	Sun	**7:20**	3.2	**7:52**	4.2	**1:24**	0.8	**1:09**	0.4	6:09	8:07	
5	Mon	**8:04**	3.4	**8:33**	4.4	**2:02**	0.7	**1:53**	0.3	6:09	8:06	
6	Tue	**8:46**	3.6	**9:12**	4.4	**2:38**	0.5	**2:34**	0.2	6:10	8:05	
7	Wed	**9:28**	3.8	**9:51**	4.5	**3:13**	0.4	**3:14**	0.2	6:11	8:04	
8	Thu	**10:08**	3.9	**10:29**	4.4	**3:49**	0.3	**3:55**	0.2	6:12	8:03	
9	Fri	**10:49**	4.0	**11:08**	4.3	**4:26**	0.3	**4:37**	0.3	6:13	8:02	
10	Sat	**11:30**	4.1	**11:48**	4.2	**5:04**	0.3	**5:22**	0.4	6:14	8:01	
11	Sun			**12:13**	4.2	**5:45**	0.3	**6:10**	0.5	6:14	8:00	
12	Mon	**12:29**	4.0	**1:00**	4.2	**6:29**	0.3	**7:03**	0.7	6:15	7:58	
13	Tue	**1:16**	3.8	**1:52**	4.3	**7:17**	0.4	**8:01**	0.8	6:16	7:57	
14	Wed	**2:08**	3.6	**2:51**	4.3	**8:11**	0.4	**9:03**	0.8	6:17	7:56	
15	Thu	**3:09**	3.4	**3:55**	4.4	**9:09**	0.3	**10:07**	0.7	6:18	7:55	
16	Fri	**4:15**	3.4	**5:00**	4.6	**10:10**	0.2	**11:12**	0.5	6:19	7:53	
17	Sat	**5:20**	3.5	**6:02**	4.8	**11:14**	0.0			6:20	7:52	
18	Sun	**6:22**	3.7	**7:00**	4.9	**12:14**	0.3	**12:16**	-0.3	6:20	7:51	
19	Mon	**7:20**	3.9	**7:54**	5.0	**1:11**	0.0	**1:15**	-0.5	6:21	7:49	
20	Tue	**8:14**	4.2	**8:45**	5.0	**2:03**	-0.3	**2:11**	-0.7	6:22	7:48	
21	Wed	**9:07**	4.4	**9:35**	4.9	**2:51**	-0.5	**3:03**	-0.8	6:23	7:47	
22	Thu	**9:57**	4.5	**10:22**	4.7	**3:37**	-0.6	**3:54**	-0.7	6:24	7:45	
23	Fri	**10:46**	4.5	**11:08**	4.4	**4:22**	-0.5	**4:44**	-0.4	6:25	7:44	
24	Sat	**11:33**	4.5	**11:53**	4.1	**5:06**	-0.3	**5:35**	-0.1	6:26	7:43	
25	Sun			**12:21**	4.3	**5:51**	-0.1	**6:27**	0.3	6:26	7:41	
26	Mon	**12:39**	3.7	**1:09**	4.1	**6:37**	0.2	**7:20**	0.6	6:27	7:40	
27	Tue	**1:26**	3.4	**2:01**	4.0	**7:26**	0.5	**8:16**	0.9	6:28	7:38	
28	Wed	**2:17**	3.1	**2:57**	3.8	**8:17**	0.7	**9:14**	1.2	6:29	7:37	
29	Thu	**3:13**	3.0	**3:57**	3.7	**9:10**	0.9	**10:13**	1.3	6:30	7:36	
30	Fri	**4:13**	3.0	**4:57**	3.8	**10:05**	0.9	**11:10**	1.3	6:31	7:34	
31	Sat	**5:12**	3.0	**5:51**	3.9	**11:00**	0.9			6:32	7:33	