US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Sep 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:04	3.2	6:38	4.1	12:01	1.2	11:52 AM	0.8	6:32	7:31	
2	Mon	6:51	3.5	7:21	4.3	12:45	1.0	12:41	0.6	6:33	7:30	
3	Tue	7:35	3.7	8:01	4.4	1:24	0.8	1:26	0.5	6:34	7:28	
4	Wed	8:17	4.0	8:41	4.5	2:01	0.6	2:09	0.3	6:35	7:27	
5	Thu	8:58	4.2	9:21	4.5	2:38	0.4	2:51	0.2	6:36	7:25	
6	Fri	9:39	4.4	10:00	4.5	3:15	0.3	3:33	0.2	6:37	7:24	
7	Sat	10:21	4.6	10:41	4.4	3:53	0.2	4:16	0.2	6:37	7:22	
8	Sun	11:04	4.7	11:23	4.2	4:33	0.2	5:02	0.3	6:38	7:21	
9	Mon	11:49	4.7			5:15	0.2	5:52	0.4	6:39	7:19	
10	Tue	12:07	4.0	12:37	4.7	6:01	0.3	6:46	0.6	6:40	7:18	
11	Wed	12:56	3.8	1:31	4.6	6:53	0.4	7:45	0.7	6:41	7:16	
12	Thu	1:50	3.6	2:31	4.5	7:50	0.4	8:48	0.8	6:42	7:14	
13	Fri	2:53	3.5	3:37	4.5	8:52	0.4	9:52	0.8	6:42	7:13	
14	Sat	4:01	3.5	4:44	4.5	9:57	0.4	10:56	0.6	6:43	7:11	
15	Sun	5:09	3.6	5:47	4.6	11:02	0.2	11:56	0.4	6:44	7:10	
16	Mon	6:11	3.9	6:44	4.7			12:06	0.0	6:45	7:08	
17	Tue	7:07	4.2	7:36	4.7	12:51	0.1	1:05	-0.2	6:46	7:07	
18	Wed	7:58	4.4	8:25	4.7	1:40	-0.2	1:59	-0.4	6:47	7:05	
19	Thu	8:47	4.6	9:11	4.6	2:26	-0.3	2:49	-0.5	6:47	7:04	
20	Fri	9:34	4.7	9:56	4.4	3:09	-0.4	3:37	-0.4	6:48	7:02	
21	Sat	10:19	4.8	10:40	4.2	3:51	-0.3	4:23	-0.2	6:49	7:00	
22	Sun	11:04	4.7	11:23	3.9	4:32	-0.1	5:09	0.1	6:50	6:59	
23	Mon	11:48	4.5			5:14	0.2	5:57	0.4	6:51	6:57	
24	Tue	12:07	3.6	12:34	4.3	5:58	0.4	6:46	0.8	6:52	6:56	
25	Wed	12:52	3.4	1:22	4.1	6:45	0.7	7:38	1.1	6:53	6:54	
26	Thu	1:41	3.2	2:15	3.9	7:36	1.0	8:32	1.3	6:53	6:53	
27	Fri	2:35	3.1	3:13	3.8	8:30	1.1	9:28	1.4	6:54	6:51	
28	Sat	3:35	3.1	4:13	3.8	9:26	1.2	10:22	1.4	6:55	6:50	
29	Sun	4:35	3.2	5:09	3.9	10:22	1.2	11:12	1.3	6:56	6:48	
30	Mon	5:30	3.4	5:58	4.0	11:17	1.0	11:58	1.1	6:57	6:47	