US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Oct 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	**6:19**	3.7	**6:43**	4.2			**12:09**	0.8	6:58	6:45	
2	Wed	**7:03**	4.0	**7:26**	4.3	**12:41**	0.8	**12:57**	0.6	6:59	6:44	
3	Thu	**7:46**	4.4	**8:07**	4.4	**1:21**	0.6	**1:43**	0.4	7:00	6:42	
4	Fri	**8:28**	4.6	**8:49**	4.4	**2:01**	0.3	**2:27**	0.2	7:00	6:41	
5	Sat	**9:11**	4.9	**9:32**	4.4	**2:41**	0.1	**3:12**	0.1	7:01	6:39	
6	Sun	**9:55**	5.0	**10:15**	4.3	**3:22**	0.0	**3:57**	0.0	7:02	6:38	
7	Mon	**10:41**	5.1	**11:01**	4.2	**4:04**	0.0	**4:45**	0.1	7:03	6:36	
8	Tue	**11:28**	5.1	**11:49**	4.0	**4:50**	0.0	**5:37**	0.2	7:04	6:35	
9	Wed			**12:19**	5.0	**5:39**	0.1	**6:32**	0.4	7:05	6:33	
10	Thu	**12:40**	3.8	**1:14**	4.8	**6:34**	0.3	**7:32**	0.6	7:06	6:32	
11	Fri	**1:38**	3.6	**2:14**	4.6	**7:35**	0.4	**8:34**	0.6	7:07	6:30	
12	Sat	**2:42**	3.5	**3:20**	4.4	**8:39**	0.5	**9:36**	0.6	7:08	6:29	
13	Sun	**3:51**	3.6	**4:27**	4.3	**9:46**	0.4	**10:38**	0.5	7:09	6:27	
14	Mon	**4:59**	3.7	**5:30**	4.3	**10:53**	0.3	**11:35**	0.3	7:10	6:26	
15	Tue	**6:00**	4.0	**6:26**	4.3	**11:56**	0.2			7:11	6:25	
16	Wed	**6:53**	4.3	**7:16**	4.2	**12:27**	0.1	**12:55**	0.0	7:11	6:23	
17	Thu	**7:42**	4.5	**8:02**	4.2	**1:15**	-0.1	**1:47**	-0.1	7:12	6:22	
18	Fri	**8:27**	4.7	**8:47**	4.1	**1:59**	-0.2	**2:34**	-0.2	7:13	6:21	
19	Sat	**9:11**	4.8	**9:29**	4.0	**2:40**	-0.2	**3:19**	-0.1	7:14	6:19	
20	Sun	**9:53**	4.8	**10:12**	3.8	**3:20**	-0.2	**4:02**	0.0	7:15	6:18	
21	Mon	**10:36**	4.7	**10:54**	3.6	**4:00**	0.0	**4:44**	0.2	7:16	6:17	
22	Tue	**11:19**	4.5	**11:37**	3.5	**4:41**	0.2	**5:28**	0.5	7:17	6:15	
23	Wed			**12:02**	4.3	**5:23**	0.5	**6:14**	0.8	7:18	6:14	
24	Thu	**12:21**	3.3	**12:48**	4.1	**6:08**	0.7	**7:02**	1.0	7:19	6:13	
25	Fri	**1:08**	3.2	**1:36**	3.9	**6:57**	1.0	**7:52**	1.2	7:20	6:12	
26	Sat	**1:59**	3.1	**2:29**	3.8	**7:50**	1.1	**8:43**	1.2	7:21	6:10	
27	Sun	**2:55**	3.1	**3:25**	3.7	**8:46**	1.2	**9:33**	1.2	7:22	6:09	
28	Mon	**3:54**	3.2	**4:21**	3.7	**9:42**	1.2	**10:23**	1.1	7:23	6:08	
29	Tue	**4:51**	3.5	**5:13**	3.8	**10:39**	1.1	**11:10**	0.9	7:24	6:07	
30	Wed	**5:42**	3.8	**6:02**	3.9	**11:33**	0.9	**11:56**	0.6	7:25	6:06	
31	Thu	**6:29**	4.2	**6:48**	4.0			**12:26**	0.6	7:26	6:05	