

































## Metompkin Inlet, VA - Dec 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:33	4.8	6:50	3.8			12:41	-0.1	6:59	4:44	
2	Mon	7:23	5.1	7:41	3.9	12:42	-0.6	1:33	-0.4	6:59	4:43	
3	Tue	8:13	5.3	8:32	3.9	1:32	-0.8	2:23	-0.6	7:00	4:43	
4	Wed	9:05	5.3	9:25	3.9	2:22	-0.9	3:14	-0.6	7:01	4:43	
5	Thu	9:56	5.2	10:18	3.8	3:14	-0.9	4:06	-0.6	7:02	4:43	
6	Fri	10:49	5.0	11:13	3.7	4:08	-0.8	5:00	-0.5	7:03	4:43	
7	Sat	11:42	4.6			5:05	-0.5	5:56	-0.4	7:04	4:43	
8	Sun	12:10	3.6	12:37	4.2	6:06	-0.3	6:52	-0.3	7:05	4:43	
9	Mon	1:11	3.6	1:36	3.8	7:10	0.0	7:49	-0.2	7:06	4:43	
10	Tue	2:16	3.6	2:37	3.5	8:16	0.2	8:44	-0.1	7:06	4:43	
11	Wed	3:22	3.6	3:39	3.3	9:23	0.3	9:39	-0.1	7:07	4:44	
12	Thu	4:24	3.7	4:37	3.1	10:28	0.3	10:31	-0.1	7:08	4:44	
13	Fri	5:18	3.9	5:28	3.0	11:28	0.2	11:21	-0.1	7:09	4:44	
14	Sat	6:05	4.0	6:15	3.0			12:20	0.1	7:09	4:44	
15	Sun	6:48	4.1	6:58	3.1	12:06	-0.2	1:04	0.1	7:10	4:44	
16	Mon	7:29	4.2	7:40	3.1	12:49	-0.2	1:44	0.0	7:11	4:45	
17	Tue	8:09	4.2	8:22	3.1	1:29	-0.3	2:21	0.0	7:11	4:45	
18	Wed	8:50	4.2	9:03	3.1	2:09	-0.2	2:58	0.1	7:12	4:46	
19	Thu	9:30	4.2	9:44	3.2	2:48	-0.2	3:35	0.1	7:12	4:46	
20	Fri	10:09	4.1	10:26	3.1	3:27	0.0	4:14	0.2	7:13	4:46	
21	Sat	10:49	4.0	11:08	3.1	4:08	0.1	4:53	0.3	7:13	4:47	
22	Sun	11:29	3.8	11:51	3.1	4:52	0.3	5:34	0.4	7:14	4:47	
23	Mon			12:10	3.6	5:39	0.5	6:17	0.4	7:14	4:48	
24	Tue	12:38	3.2	12:55	3.5	6:29	0.6	7:02	0.4	7:15	4:49	
25	Wed	1:29	3.3	1:44	3.3	7:24	0.7	7:50	0.4	7:15	4:49	
26	Thu	2:24	3.4	2:39	3.2	8:22	0.7	8:40	0.2	7:16	4:50	
27	Fri	3:22	3.7	3:38	3.2	9:22	0.6	9:33	0.0	7:16	4:50	
28	Sat	4:20	4.0	4:35	3.3	10:23	0.3	10:29	-0.3	7:16	4:51	
29	Sun	5:15	4.3	5:31	3.4	11:23	0.0	11:25	-0.6	7:16	4:52	
30	Mon	6:10	4.7	6:26	3.5			12:20	-0.3	7:17	4:53	
31	Tue	7:03	4.9	7:20	3.6	12:20	-0.9	1:14	-0.6	7:17	4:53	