



Metompkin Inlet, VA - Mar 2014

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:12	4.6	8:32	4.3	1:40	-1.4	2:13	-1.1	6:33	5:55	☀
2	Sun	9:01	4.5	9:22	4.4	2:32	-1.4	2:59	-1.1	6:32	5:56	☀
3	Mon	9:48	4.2	10:11	4.3	3:23	-1.2	3:44	-1.0	6:30	5:57	☀
4	Tue	10:35	3.9	10:59	4.2	4:13	-1.0	4:31	-0.8	6:29	5:58	☀
5	Wed	11:21	3.6	11:47	4.0	5:04	-0.6	5:18	-0.5	6:27	5:59	☀
6	Thu			12:08	3.2	5:57	-0.2	6:07	-0.2	6:26	6:00	☀
7	Fri	12:38	3.7	12:58	2.9	6:52	0.2	6:59	0.1	6:24	6:01	☀
8	Sat	1:33	3.5	1:52	2.7	7:49	0.5	7:53	0.3	6:23	6:02	☀
9	Sun	3:33	3.3	3:52	2.6	9:48	0.7	9:50	0.5	7:21	7:03	☀
10	Mon	4:37	3.3	4:54	2.7	10:48	0.8	10:47	0.5	7:20	7:04	☀
11	Tue	5:35	3.3	5:49	2.8	11:43	0.8	11:42	0.4	7:19	7:05	☀
12	Wed	6:26	3.5	6:38	3.0			12:31	0.6	7:17	7:06	☀
13	Thu	7:10	3.6	7:22	3.3	12:32	0.2	1:12	0.5	7:16	7:07	☀
14	Fri	7:51	3.8	8:04	3.6	1:18	0.1	1:49	0.3	7:14	7:08	☀
15	Sat	8:31	3.9	8:45	3.8	2:00	-0.1	2:25	0.1	7:13	7:09	☀
16	Sun	9:10	4.0	9:25	4.0	2:41	-0.2	3:02	0.0	7:11	7:10	☀
17	Mon	9:49	4.0	10:05	4.1	3:21	-0.3	3:38	-0.1	7:10	7:11	☀
18	Tue	10:28	3.9	10:46	4.2	4:02	-0.3	4:16	-0.1	7:08	7:12	☀
19	Wed	11:08	3.8	11:27	4.3	4:44	-0.2	4:56	-0.1	7:07	7:13	☀
20	Thu	11:49	3.7			5:30	-0.1	5:39	0.0	7:05	7:14	☀
21	Fri	12:12	4.3	12:34	3.5	6:19	0.1	6:26	0.1	7:03	7:15	☀
22	Sat	1:01	4.2	1:23	3.3	7:13	0.2	7:20	0.1	7:02	7:15	☀
23	Sun	1:56	4.1	2:20	3.2	8:12	0.3	8:20	0.1	7:00	7:16	☀
24	Mon	2:58	4.0	3:25	3.2	9:14	0.3	9:23	0.1	6:59	7:17	☀
25	Tue	4:05	4.0	4:33	3.3	10:17	0.2	10:29	-0.1	6:57	7:18	☀
26	Wed	5:11	4.1	5:37	3.5	11:19	0.0	11:34	-0.3	6:56	7:19	☀
27	Thu	6:12	4.2	6:37	3.8			12:17	-0.2	6:54	7:20	☀
28	Fri	7:08	4.3	7:31	4.1	12:36	-0.6	1:11	-0.5	6:53	7:21	☀
29	Sat	8:01	4.3	8:23	4.4	1:34	-0.8	2:00	-0.7	6:51	7:22	☀
30	Sun	8:50	4.3	9:12	4.6	2:27	-1.0	2:46	-0.8	6:50	7:23	☀
31	Mon	9:37	4.1	9:59	4.6	3:17	-1.0	3:31	-0.8	6:48	7:24	☀