
































Metompkin Inlet, VA - Jun 2014

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:43	3.2			5:32	0.3	5:26	0.3	5:42	8:18	
2	Mon	12:04	4.1	12:27	3.2	6:14	0.4	6:12	0.6	5:41	8:18	
3	Tue	12:47	3.9	1:13	3.2	6:58	0.6	7:01	0.8	5:41	8:19	
4	Wed	1:32	3.7	2:01	3.2	7:42	0.7	7:52	0.9	5:41	8:20	
5	Thu	2:19	3.5	2:54	3.3	8:28	0.7	8:46	1.0	5:41	8:20	
6	Fri	3:10	3.4	3:48	3.4	9:14	0.7	9:41	1.0	5:40	8:21	
7	Sat	4:04	3.4	4:41	3.7	10:01	0.6	10:37	0.9	5:40	8:21	
8	Sun	4:57	3.4	5:33	4.0	10:49	0.5	11:33	0.7	5:40	8:22	
9	Mon	5:49	3.4	6:23	4.3	11:39	0.3			5:40	8:22	
10	Tue	6:40	3.5	7:11	4.7	12:28	0.4	12:29	0.0	5:40	8:23	
11	Wed	7:30	3.7	8:00	4.9	1:20	0.1	1:19	-0.2	5:40	8:23	
12	Thu	8:20	3.8	8:50	5.1	2:11	-0.1	2:09	-0.4	5:40	8:24	
13	Fri	9:11	3.8	9:40	5.3	3:01	-0.4	2:59	-0.6	5:40	8:24	
14	Sat	10:03	3.9	10:31	5.2	3:51	-0.5	3:50	-0.7	5:40	8:25	
15	Sun	10:56	3.9	11:23	5.1	4:41	-0.6	4:43	-0.6	5:40	8:25	
16	Mon	11:49	3.9			5:33	-0.5	5:39	-0.5	5:40	8:25	
17	Tue	12:14	4.9	12:44	3.9	6:26	-0.5	6:38	-0.2	5:40	8:26	
18	Wed	1:08	4.5	1:42	3.9	7:21	-0.4	7:40	0.0	5:40	8:26	
19	Thu	2:03	4.1	2:43	3.9	8:16	-0.3	8:43	0.2	5:40	8:26	
20	Fri	3:02	3.8	3:46	3.9	9:11	-0.2	9:49	0.3	5:40	8:27	
21	Sat	4:03	3.5	4:49	4.0	10:05	-0.1	10:54	0.3	5:41	8:27	
22	Sun	5:04	3.3	5:47	4.1	10:59	-0.1	11:58	0.3	5:41	8:27	
23	Mon	6:01	3.2	6:39	4.2	11:52	-0.1			5:41	8:27	
24	Tue	6:52	3.1	7:26	4.3	12:55	0.3	12:43	-0.1	5:41	8:27	
25	Wed	7:40	3.2	8:10	4.4	1:45	0.2	1:30	-0.1	5:42	8:28	
26	Thu	8:24	3.2	8:53	4.4	2:29	0.1	2:13	-0.1	5:42	8:28	
27	Fri	9:08	3.3	9:34	4.4	3:08	0.1	2:55	-0.1	5:42	8:28	
28	Sat	9:51	3.3	10:15	4.4	3:46	0.1	3:36	0.0	5:43	8:28	
29	Sun	10:33	3.3	10:55	4.3	4:24	0.2	4:16	0.1	5:43	8:28	
30	Mon	11:15	3.4	11:35	4.1	5:02	0.3	4:58	0.3	5:44	8:28	