
































Metompkin Inlet, VA - Mar 2015

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:30	3.5	5:40	2.9	11:42	0.4	11:35	0.0	6:33	5:55	
2	Mon	6:16	3.6	6:24	3.0			12:25	0.3	6:32	5:56	
3	Tue	6:56	3.7	7:06	3.2	12:21	-0.1	1:02	0.1	6:30	5:57	
4	Wed	7:35	3.8	7:45	3.4	1:03	-0.2	1:36	0.0	6:29	5:58	
5	Thu	8:12	3.9	8:25	3.6	1:42	-0.3	2:09	0.0	6:28	5:59	
6	Fri	8:50	3.9	9:03	3.7	2:19	-0.3	2:43	0.0	6:26	6:00	
7	Sat	9:27	3.8	9:42	3.8	2:57	-0.3	3:17	0.0	6:25	6:01	
8	Sun	11:04	3.7	11:21	3.8	4:36	-0.1	4:53	0.1	7:23	7:02	
9	Mon	11:41	3.6			5:16	0.0	5:30	0.2	7:22	7:03	
10	Tue	12:00	3.8	12:20	3.4	5:59	0.2	6:10	0.3	7:20	7:04	
11	Wed	12:42	3.8	1:01	3.3	6:46	0.4	6:55	0.4	7:19	7:05	
12	Thu	1:28	3.8	1:49	3.1	7:37	0.5	7:46	0.4	7:17	7:06	
13	Fri	2:22	3.7	2:44	3.0	8:34	0.6	8:42	0.4	7:16	7:07	
14	Sat	3:23	3.8	3:47	3.1	9:34	0.6	9:43	0.2	7:14	7:08	
15	Sun	4:28	3.9	4:52	3.2	10:36	0.4	10:46	0.0	7:13	7:09	
16	Mon	5:30	4.1	5:53	3.5	11:37	0.1	11:49	-0.4	7:11	7:10	
17	Tue	6:29	4.4	6:51	3.9			12:34	-0.2	7:10	7:11	
18	Wed	7:24	4.5	7:46	4.2	12:49	-0.7	1:28	-0.6	7:08	7:12	
19	Thu	8:17	4.7	8:38	4.5	1:46	-1.1	2:18	-0.9	7:07	7:12	
20	Fri	9:08	4.6	9:30	4.7	2:40	-1.3	3:06	-1.1	7:05	7:13	
21	Sat	9:58	4.5	10:21	4.8	3:33	-1.3	3:53	-1.1	7:04	7:14	
22	Sun	10:48	4.3	11:12	4.7	4:25	-1.2	4:41	-1.0	7:02	7:15	
23	Mon	11:37	4.0			5:17	-1.0	5:30	-0.8	7:01	7:16	
24	Tue	12:02	4.5	12:26	3.7	6:12	-0.6	6:21	-0.5	6:59	7:17	
25	Wed	12:54	4.3	1:17	3.3	7:08	-0.2	7:15	-0.2	6:58	7:18	
26	Thu	1:48	3.9	2:12	3.0	8:07	0.1	8:12	0.1	6:56	7:19	
27	Fri	2:48	3.7	3:13	2.8	9:07	0.4	9:12	0.3	6:55	7:20	
28	Sat	3:52	3.5	4:18	2.8	10:09	0.6	10:13	0.5	6:53	7:21	
29	Sun	4:57	3.4	5:20	2.9	11:09	0.6	11:12	0.5	6:52	7:22	
30	Mon	5:54	3.4	6:11	3.1			12:01	0.6	6:50	7:23	
31	Tue	6:41	3.5	6:56	3.3	12:07	0.4	12:44	0.5	6:49	7:23	