US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Nov 2015

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:29	3.6	11:59 AM	4.5	5:21	0.1	6:19	0.3	6:27	5:04	
2	Mon	12:23	3.3	12:53	4.2	6:18	0.4	7:17	0.6	6:28	5:03	
3	Tue	1:22	3.2	1:52	3.9	7:18	0.7	8:14	0.7	6:29	5:02	
4	Wed	2:25	3.1	2:53	3.7	8:18	0.8	9:09	0.8	6:30	5:01	
5	Thu	3:28	3.2	3:51	3.6	9:19	0.9	9:59	0.8	6:31	5:00	
6	Fri	4:24	3.4	4:41	3.6	10:16	0.9	10:43	0.7	6:32	4:59	
7	Sat	5:11	3.6	5:26	3.6	11:07	0.8	11:23	0.6	6:33	4:58	
8	Sun	5:52	3.9	6:07	3.7	11:53	0.7			6:34	4:57	
9	Mon	6:32	4.1	6:48	3.7	12:02	0.5	12:35	0.5	6:35	4:56	
10	Tue	7:12	4.3	7:28	3.7	12:39	0.3	1:15	0.4	6:36	4:55	
11	Wed	7:51	4.5	8:08	3.7	1:16	0.2	1:55	0.3	6:37	4:54	
12	Thu	8:31	4.6	8:48	3.7	1:54	0.2	2:34	0.3	6:39	4:53	
13	Fri	9:12	4.6	9:29	3.6	2:32	0.2	3:15	0.3	6:40	4:53	
14	Sat	9:53	4.6	10:12	3.6	3:12	0.3	3:58	0.4	6:41	4:52	
15	Sun	10:36	4.6	10:56	3.5	3:54	0.3	4:44	0.5	6:42	4:51	
16	Mon	11:21	4.5	11:44	3.4	4:41	0.4	5:34	0.5	6:43	4:50	
17	Tue			12:11	4.4	5:33	0.5	6:27	0.5	6:44	4:50	
18	Wed	12:38	3.4	1:05	4.2	6:31	0.6	7:22	0.5	6:45	4:49	
19	Thu	1:38	3.5	2:04	4.1	7:33	0.5	8:18	0.3	6:46	4:49	
20	Fri	2:42	3.7	3:06	4.0	8:38	0.4	9:14	0.1	6:47	4:48	
21	Sat	3:45	4.0	4:07	4.0	9:42	0.2	10:10	-0.2	6:48	4:47	
22	Sun	4:45	4.3	5:05	4.0	10:46	0.0	11:04	-0.4	6:49	4:47	
23	Mon	5:40	4.7	6:00	4.0	11:46	-0.3	11:57	-0.7	6:50	4:46	
24	Tue	6:33	4.9	6:53	4.0			12:43	-0.5	6:51	4:46	
25	Wed	7:25	5.1	7:44	3.9	12:48	-0.9	1:36	-0.7	6:52	4:46	
26	Thu	8:15	5.1	8:35	3.8	1:37	-0.9	2:27	-0.7	6:53	4:45	
27	Fri	9:05	5.1	9:25	3.7	2:25	-0.9	3:17	-0.6	6:54	4:45	
28	Sat	9:54	4.9	10:14	3.5	3:14	-0.7	4:06	-0.4	6:55	4:44	
29	Sun	10:42	4.6	11:04	3.4	4:03	-0.5	4:57	-0.2	6:56	4:44	
30	Mon	11:31	4.3	11:54	3.2	4:54	-0.1	5:48	0.1	6:57	4:44	