US HARBORS www.USHarbors.com

Metompkin Inlet, VA - May 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:01	4.0	4:35	3.6	10:09	0.4	10:29	0.4	6:05	7:52	
2	Mon	5:02	4.1	5:34	4.0	11:05	0.1	11:32	0.0	6:04	7:53	
3	Tue	6:00	4.2	6:30	4.4			12:00	-0.2	6:03	7:54	
4	Wed	6:55	4.2	7:23	4.8	12:32	-0.3	12:53	-0.5	6:02	7:55	
5	Thu	7:48	4.3	8:16	5.1	1:30	-0.6	1:44	-0.8	6:01	7:56	
6	Fri	8:41	4.3	9:08	5.3	2:25	-0.9	2:34	-0.9	6:00	7:57	
7	Sat	9:33	4.2	10:00	5.3	3:18	-1.0	3:23	-1.0	5:59	7:58	
8	Sun	10:25	4.0	10:51	5.2	4:11	-0.9	4:14	-0.9	5:58	7:59	
9	Mon	11:17	3.8	11:43	4.9	5:04	-0.8	5:05	-0.6	5:57	8:00	
10	Tue			12:09	3.6	5:58	-0.5	5:59	-0.3	5:56	8:01	
11	Wed	12:36	4.6	1:03	3.4	6:54	-0.2	6:56	0.0	5:55	8:01	
12	Thu	1:30	4.2	2:00	3.2	7:51	0.1	7:56	0.3	5:54	8:02	
13	Fri	2:27	3.9	3:01	3.1	8:48	0.3	8:57	0.5	5:53	8:03	
14	Sat	3:27	3.6	4:05	3.2	9:43	0.4	9:59	0.6	5:52	8:04	
15	Sun	4:27	3.4	5:04	3.3	10:35	0.5	10:59	0.7	5:52	8:05	
16	Mon	5:22	3.3	5:54	3.5	11:22	0.5	11:54	0.6	5:51	8:06	
17	Tue	6:10	3.3	6:37	3.7			12:06	0.5	5:50	8:07	
18	Wed	6:54	3.4	7:18	3.9	12:43	0.5	12:46	0.4	5:49	8:07	
19	Thu	7:35	3.4	7:58	4.1	1:27	0.4	1:25	0.3	5:48	8:08	
20	Fri	8:16	3.4	8:38	4.3	2:07	0.3	2:03	0.2	5:48	8:09	
21	Sat	8:57	3.5	9:18	4.4	2:46	0.2	2:41	0.2	5:47	8:10	
22	Sun	9:38	3.5	9:58	4.5	3:25	0.2	3:19	0.2	5:46	8:11	
23	Mon	10:19	3.5	10:39	4.5	4:04	0.2	3:59	0.3	5:46	8:12	
24	Tue	11:01	3.4	11:20	4.4	4:45	0.3	4:40	0.3	5:45	8:12	
25	Wed	11:43	3.4			5:28	0.3	5:23	0.4	5:45	8:13	
26	Thu	12:03	4.4	12:28	3.4	6:14	0.4	6:12	0.5	5:44	8:14	
27	Fri	12:48	4.3	1:16	3.4	7:02	0.4	7:05	0.6	5:44	8:15	
28	Sat	1:38	4.2	2:10	3.4	7:54	0.4	8:04	0.6	5:43	8:15	
29	Sun	2:33	4.1	3:09	3.6	8:47	0.3	9:05	0.5	5:43	8:16	
30	Mon	3:32	4.0	4:11	3.9	9:41	0.2	10:08	0.4	5:42	8:17	
31	Tue	4:33	3.9	5:11	4.2	10:35	0.0	11:12	0.1	5:42	8:17	