
































Metompkin Inlet, VA - Sep 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:02	4.0	9:27	4.5	2:52	0.0	2:58	-0.1	6:33	7:31	
2	Fri	9:44	4.1	10:07	4.3	3:29	0.0	3:40	-0.1	6:33	7:29	
3	Sat	10:25	4.1	10:46	4.2	4:05	0.1	4:21	0.1	6:34	7:28	
4	Sun	11:06	4.1	11:26	4.0	4:42	0.3	5:02	0.3	6:35	7:26	
5	Mon	11:47	4.1			5:19	0.4	5:45	0.6	6:36	7:25	
6	Tue	12:06	3.8	12:30	4.0	5:59	0.7	6:31	0.9	6:37	7:23	
7	Wed	12:47	3.6	1:14	3.9	6:40	0.9	7:20	1.1	6:38	7:22	
8	Thu	1:32	3.4	2:03	3.9	7:26	1.0	8:12	1.3	6:38	7:20	
9	Fri	2:22	3.2	2:58	3.8	8:16	1.1	9:06	1.4	6:39	7:19	
10	Sat	3:18	3.2	3:56	3.9	9:09	1.2	10:03	1.4	6:40	7:17	
11	Sun	4:17	3.2	4:54	4.1	10:05	1.1	10:59	1.2	6:41	7:16	
12	Mon	5:15	3.4	5:48	4.3	11:02	0.9	11:52	1.0	6:42	7:14	
13	Tue	6:08	3.7	6:39	4.6	11:57	0.6			6:43	7:12	
14	Wed	6:59	4.0	7:27	4.8	12:42	0.6	12:51	0.2	6:43	7:11	
15	Thu	7:47	4.4	8:14	5.0	1:30	0.3	1:42	-0.1	6:44	7:09	
16	Fri	8:35	4.7	9:01	5.0	2:15	-0.1	2:32	-0.4	6:45	7:08	
17	Sat	9:24	4.9	9:49	5.0	3:00	-0.3	3:22	-0.5	6:46	7:06	
18	Sun	10:13	5.1	10:37	4.8	3:45	-0.5	4:13	-0.5	6:47	7:05	
19	Mon	11:03	5.2	11:26	4.6	4:32	-0.5	5:06	-0.4	6:48	7:03	
20	Tue	11:55	5.1			5:21	-0.4	6:02	-0.1	6:49	7:02	
21	Wed	12:17	4.2	12:49	4.9	6:13	-0.2	7:01	0.1	6:49	7:00	
22	Thu	1:12	3.9	1:47	4.7	7:10	0.1	8:04	0.4	6:50	6:59	
23	Fri	2:11	3.6	2:50	4.5	8:10	0.3	9:10	0.6	6:51	6:57	
24	Sat	3:17	3.4	3:59	4.3	9:13	0.4	10:17	0.6	6:52	6:55	
25	Sun	4:28	3.4	5:07	4.2	10:18	0.5	11:21	0.6	6:53	6:54	
26	Mon	5:34	3.4	6:07	4.2	11:22	0.4			6:54	6:52	
27	Tue	6:30	3.6	6:57	4.3	12:17	0.5	12:21	0.3	6:55	6:51	
28	Wed	7:17	3.8	7:40	4.3	1:05	0.4	1:13	0.2	6:55	6:49	
29	Thu	7:59	4.0	8:20	4.2	1:45	0.3	1:58	0.2	6:56	6:48	
30	Fri	8:38	4.2	8:59	4.2	2:21	0.2	2:39	0.1	6:57	6:46	