US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Oct 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:17	4.3	9:37	4.1	2:56	0.2	3:18	0.2	6:58	6:45	
2	Sun	9:56	4.4	10:16	4.0	3:30	0.3	3:56	0.3	6:59	6:43	
3	Mon	10:36	4.4	10:55	3.9	4:05	0.4	4:36	0.4	7:00	6:42	
4	Tue	11:15	4.4	11:34	3.7	4:41	0.5	5:16	0.7	7:01	6:40	
5	Wed	11:56	4.3			5:20	0.7	6:00	0.9	7:02	6:39	
6	Thu	12:15	3.5	12:39	4.2	6:01	0.9	6:46	1.1	7:02	6:37	
7	Fri	12:59	3.4	1:26	4.1	6:46	1.1	7:37	1.3	7:03	6:36	
8	Sat	1:47	3.3	2:18	4.0	7:37	1.2	8:31	1.3	7:04	6:34	
9	Sun	2:42	3.2	3:15	4.0	8:33	1.2	9:26	1.3	7:05	6:33	
10	Mon	3:42	3.3	4:14	4.1	9:31	1.1	10:22	1.1	7:06	6:31	
11	Tue	4:42	3.5	5:12	4.3	10:30	0.9	11:15	0.8	7:07	6:30	
12	Wed	5:39	3.9	6:05	4.5	11:29	0.6			7:08	6:28	
13	Thu	6:31	4.3	6:56	4.7	12:07	0.4	12:26	0.2	7:09	6:27	
14	Fri	7:21	4.7	7:46	4.8	12:57	0.1	1:21	-0.2	7:10	6:26	
15	Sat	8:11	5.0	8:35	4.8	1:45	-0.3	2:14	-0.4	7:11	6:24	
16	Sun	9:01	5.3	9:25	4.7	2:32	-0.6	3:06	-0.6	7:12	6:23	
17	Mon	9:52	5.5	10:15	4.6	3:19	-0.7	3:58	-0.6	7:13	6:22	
18	Tue	10:43	5.5	11:06	4.3	4:07	-0.7	4:51	-0.5	7:14	6:20	
19	Wed	11:35	5.3	11:59	4.0	4:57	-0.5	5:47	-0.3	7:15	6:19	
20	Thu			12:30	5.0	5:51	-0.3	6:46	0.0	7:16	6:18	
21	Fri	12:54	3.8	1:27	4.7	6:49	0.0	7:47	0.3	7:17	6:16	
22	Sat	1:54	3.5	2:29	4.4	7:50	0.3	8:51	0.5	7:18	6:15	
23	Sun	3:00	3.3	3:35	4.1	8:55	0.5	9:55	0.5	7:19	6:14	
24	Mon	4:11	3.3	4:42	4.0	10:01	0.6	10:54	0.6	7:20	6:12	
25	Tue	5:17	3.4	5:41	3.9	11:05	0.6	11:48	0.5	7:21	6:11	
26	Wed	6:11	3.6	6:30	3.9			12:04	0.5	7:22	6:10	
27	Thu	6:55	3.8	7:12	3.8	12:33	0.4	12:54	0.4	7:23	6:09	
28	Fri	7:35	4.0	7:51	3.8	1:12	0.3	1:38	0.4	7:24	6:08	
29	Sat	8:13	4.2	8:29	3.8	1:47	0.3	2:18	0.3	7:25	6:06	
30	Sun	8:51	4.4	9:08	3.8	2:22	0.2	2:56	0.3	7:26	6:05	
31	Mon	9:29	4.5	9:47	3.7	2:57	0.2	3:33	0.3	7:27	6:04	