US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Nov 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	**10:08**	4.5	**10:26**	3.6	**3:33**	0.3	**4:11**	0.4	7:28	6:03	
2	Wed	**10:48**	4.4	**11:06**	3.5	**4:09**	0.4	**4:51**	0.6	7:29	6:02	
3	Thu	**11:28**	4.4	**11:47**	3.4	**4:47**	0.6	**5:33**	0.7	7:30	6:01	
4	Fri			**12:10**	4.3	**5:28**	0.7	**6:19**	0.9	7:31	6:00	
5	Sat	**12:30**	3.3	**12:55**	4.2	**6:14**	0.9	**7:07**	1.0	7:32	5:59	
6	Sun	**1:17**	3.2	**12:43**	4.1	**6:04**	1.0	**6:59**	1.0	6:33	4:58	
7	Mon	**1:10**	3.2	**1:37**	4.0	**7:01**	1.0	**7:52**	0.9	6:34	4:57	
8	Tue	**2:09**	3.3	**2:36**	4.0	**8:00**	0.9	**8:46**	0.7	6:35	4:56	
9	Wed	**3:10**	3.6	**3:35**	4.1	**9:02**	0.7	**9:40**	0.4	6:36	4:55	
10	Thu	**4:09**	3.9	**4:32**	4.2	**10:03**	0.5	**10:33**	0.1	6:37	4:55	
11	Fri	**5:05**	4.4	**5:26**	4.3	**11:03**	0.1	**11:25**	-0.3	6:38	4:54	
12	Sat	**5:57**	4.8	**6:19**	4.4			**12:01**	-0.3	6:39	4:53	
13	Sun	**6:49**	5.1	**7:11**	4.4	**12:16**	-0.6	**12:56**	-0.6	6:40	4:52	
14	Mon	**7:41**	5.4	**8:03**	4.3	**1:06**	-0.8	**1:50**	-0.7	6:41	4:51	
15	Tue	**8:33**	5.5	**8:55**	4.2	**1:55**	-1.0	**2:43**	-0.8	6:43	4:51	
16	Wed	**9:25**	5.4	**9:47**	4.0	**2:45**	-1.0	**3:36**	-0.7	6:44	4:50	
17	Thu	**10:17**	5.2	**10:40**	3.8	**3:37**	-0.8	**4:30**	-0.5	6:45	4:49	
18	Fri	**11:11**	4.9	**11:35**	3.6	**4:30**	-0.5	**5:27**	-0.3	6:46	4:49	
19	Sat			**12:05**	4.5	**5:27**	-0.2	**6:25**	0.0	6:47	4:48	
20	Sun	**12:33**	3.4	**1:02**	4.2	**6:28**	0.1	**7:24**	0.2	6:48	4:48	
21	Mon	**1:35**	3.2	**2:02**	3.8	**7:30**	0.4	**8:22**	0.3	6:49	4:47	
22	Tue	**2:41**	3.2	**3:04**	3.6	**8:34**	0.5	**9:17**	0.4	6:50	4:46	
23	Wed	**3:46**	3.3	**4:02**	3.4	**9:37**	0.6	**10:07**	0.4	6:51	4:46	
24	Thu	**4:40**	3.5	**4:53**	3.4	**10:36**	0.6	**10:52**	0.3	6:52	4:46	
25	Fri	**5:26**	3.7	**5:37**	3.4	**11:29**	0.5	**11:33**	0.3	6:53	4:45	
26	Sat	**6:07**	3.9	**6:19**	3.4			**12:14**	0.4	6:54	4:45	
27	Sun	**6:46**	4.1	**6:59**	3.4	**12:12**	0.2	**12:54**	0.3	6:55	4:45	
28	Mon	**7:25**	4.2	**7:39**	3.4	**12:49**	0.1	**1:33**	0.3	6:56	4:44	
29	Tue	**8:04**	4.3	**8:20**	3.4	**1:27**	0.1	**2:11**	0.2	6:57	4:44	
30	Wed	**8:44**	4.4	**9:00**	3.4	**2:04**	0.1	**2:49**	0.2	6:58	4:44	