

































Metompkin Inlet, VA - Jan 2017

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:25	4.3	10:43	3.3	3:43	-0.2	4:30	0.0	7:17	4:54	
2	Mon	11:07	4.2	11:29	3.3	4:28	-0.1	5:15	0.0	7:17	4:55	
3	Tue	11:52	4.0			5:18	0.0	6:02	0.0	7:17	4:56	
4	Wed	12:19	3.4	12:40	3.8	6:13	0.1	6:52	0.0	7:17	4:57	
5	Thu	1:14	3.5	1:35	3.6	7:13	0.2	7:45	-0.1	7:17	4:58	
6	Fri	2:14	3.6	2:34	3.5	8:16	0.2	8:40	-0.3	7:17	4:59	
7	Sat	3:17	3.8	3:37	3.3	9:21	0.1	9:37	-0.4	7:17	4:59	
8	Sun	4:20	4.1	4:38	3.3	10:26	-0.1	10:35	-0.7	7:17	5:00	
9	Mon	5:19	4.4	5:37	3.3	11:30	-0.3	11:32	-0.9	7:17	5:01	
10	Tue	6:16	4.6	6:33	3.4			12:29	-0.6	7:17	5:02	
11	Wed	7:10	4.7	7:28	3.5	12:28	-1.1	1:23	-0.8	7:17	5:03	
12	Thu	8:03	4.8	8:20	3.5	1:21	-1.2	2:14	-0.9	7:16	5:04	
13	Fri	8:53	4.7	9:11	3.5	2:12	-1.3	3:03	-0.9	7:16	5:05	
14	Sat	9:42	4.6	10:01	3.5	3:02	-1.2	3:50	-0.8	7:16	5:06	
15	Sun	10:29	4.3	10:49	3.4	3:51	-1.0	4:37	-0.6	7:16	5:07	
16	Mon	11:14	4.0	11:37	3.3	4:42	-0.6	5:24	-0.4	7:15	5:08	
17	Tue			12:00	3.7	5:33	-0.3	6:10	-0.2	7:15	5:09	
18	Wed	12:26	3.2	12:46	3.3	6:26	0.0	6:57	0.0	7:14	5:10	
19	Thu	1:18	3.1	1:36	3.0	7:20	0.3	7:44	0.2	7:14	5:12	
20	Fri	2:13	3.1	2:29	2.8	8:16	0.5	8:31	0.3	7:13	5:13	
21	Sat	3:11	3.1	3:24	2.7	9:13	0.7	9:20	0.3	7:13	5:14	
22	Sun	4:07	3.2	4:19	2.7	10:11	0.7	10:10	0.3	7:12	5:15	
23	Mon	4:59	3.4	5:10	2.7	11:06	0.6	10:59	0.2	7:12	5:16	
24	Tue	5:47	3.6	5:58	2.9	11:55	0.5	11:47	0.0	7:11	5:17	
25	Wed	6:32	3.9	6:43	3.0			12:39	0.3	7:10	5:18	
26	Thu	7:15	4.1	7:27	3.2	12:32	-0.2	1:21	0.1	7:10	5:19	
27	Fri	7:58	4.2	8:11	3.3	1:15	-0.4	2:01	-0.1	7:09	5:20	
28	Sat	8:39	4.4	8:54	3.4	1:58	-0.5	2:41	-0.2	7:08	5:21	
29	Sun	9:21	4.4	9:37	3.5	2:41	-0.6	3:22	-0.3	7:08	5:23	
30	Mon	10:03	4.4	10:21	3.6	3:25	-0.6	4:04	-0.4	7:07	5:24	
31	Tue	10:46	4.2	11:07	3.7	4:11	-0.5	4:48	-0.4	7:06	5:25	