US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Mar 2017

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:24	4.3	10:47	4.3	3:56	-0.8	4:21	-0.6	6:33	5:56	
2	Thu	11:11	4.0	11:37	4.2	4:47	-0.6	5:08	-0.5	6:31	5:57	
3	Fri			12:00	3.7	5:43	-0.4	6:00	-0.4	6:30	5:58	
4	Sat	12:31	4.1	12:54	3.4	6:42	-0.2	6:55	-0.3	6:28	5:59	
5	Sun	1:30	4.0	1:55	3.1	7:45	0.0	7:55	-0.2	6:27	6:00	
6	Mon	2:36	3.9	3:01	3.0	8:51	0.1	8:58	-0.2	6:25	6:01	
7	Tue	3:45	3.9	4:09	3.0	9:59	0.1	10:03	-0.2	6:24	6:02	
8	Wed	4:51	4.0	5:13	3.1	11:03	0.0	11:06	-0.4	6:23	6:03	
9	Thu	5:51	4.1	6:09	3.3			12:01	-0.2	6:21	6:04	
10	Fri	6:43	4.1	6:59	3.5	12:05	-0.6	12:50	-0.3	6:20	6:04	
11	Sat	7:30	4.1	7:45	3.7	12:57	-0.7	1:34	-0.4	6:18	6:05	
12	Sun	9:13	4.1	9:28	3.8	1:44	-0.8	3:14	-0.5	7:17	7:06	
13	Mon	9:55	4.0	10:10	3.9	3:27	-0.7	3:52	-0.4	7:15	7:07	
14	Tue	10:35	3.9	10:51	3.9	4:09	-0.6	4:29	-0.3	7:14	7:08	
15	Wed	11:14	3.7	11:32	3.8	4:51	-0.4	5:06	-0.1	7:12	7:09	
16	Thu	11:54	3.5			5:33	-0.1	5:45	0.1	7:11	7:10	
17	Fri	12:14	3.8	12:35	3.3	6:17	0.2	6:26	0.3	7:09	7:11	
18	Sat	12:57	3.6	1:18	3.0	7:04	0.4	7:10	0.5	7:08	7:12	
19	Sun	1:44	3.5	2:06	2.9	7:53	0.7	7:59	0.7	7:06	7:13	
20	Mon	2:36	3.4	2:59	2.8	8:46	0.9	8:51	0.8	7:05	7:14	
21	Tue	3:34	3.4	3:58	2.8	9:42	1.0	9:47	0.7	7:03	7:15	
22	Wed	4:34	3.5	4:56	2.9	10:38	0.9	10:44	0.6	7:02	7:16	
23	Thu	5:31	3.7	5:51	3.2	11:33	0.7	11:40	0.4	7:00	7:17	
24	Fri	6:23	3.9	6:41	3.5			12:24	0.5	6:59	7:18	
25	Sat	7:11	4.1	7:29	3.8	12:34	0.1	1:11	0.2	6:57	7:18	
26	Sun	7:58	4.3	8:16	4.1	1:25	-0.3	1:56	-0.2	6:55	7:19	
27	Mon	8:44	4.4	9:03	4.4	2:14	-0.6	2:40	-0.4	6:54	7:20	
28	Tue	9:30	4.5	9:50	4.7	3:02	-0.8	3:24	-0.6	6:52	7:21	
29	Wed	10:16	4.4	10:38	4.8	3:51	-0.9	4:08	-0.7	6:51	7:22	
30	Thu	11:04	4.2	11:27	4.8	4:41	-0.8	4:55	-0.7	6:49	7:23	
31	Fri	11:53	4.0			5:34	-0.7	5:45	-0.5	6:48	7:24	