

































Metompkin Inlet, VA - Jul 2017

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:57	3.5	3:39	3.5	9:08	0.2	9:41	0.6	5:44	8:28	
2	Sun	3:54	3.2	4:37	3.6	9:57	0.4	10:41	0.7	5:45	8:27	
3	Mon	4:49	3.1	5:30	3.7	10:45	0.4	11:39	0.8	5:45	8:27	
4	Tue	5:41	3.0	6:18	3.9	11:32	0.4			5:46	8:27	
5	Wed	6:29	3.0	7:01	4.0	12:31	0.7	12:17	0.4	5:46	8:27	
6	Thu	7:14	3.1	7:43	4.2	1:17	0.6	1:01	0.3	5:47	8:27	
7	Fri	7:57	3.2	8:25	4.3	1:58	0.5	1:44	0.3	5:47	8:26	
8	Sat	8:40	3.3	9:06	4.4	2:37	0.4	2:25	0.2	5:48	8:26	
9	Sun	9:23	3.4	9:47	4.5	3:15	0.4	3:05	0.2	5:49	8:26	
10	Mon	10:05	3.4	10:28	4.5	3:53	0.3	3:46	0.2	5:49	8:25	
11	Tue	10:47	3.5	11:08	4.5	4:32	0.3	4:27	0.3	5:50	8:25	
12	Wed	11:29	3.5	11:48	4.4	5:12	0.3	5:11	0.4	5:51	8:25	
13	Thu			12:12	3.6	5:54	0.3	5:58	0.5	5:51	8:24	
14	Fri	12:30	4.2	12:58	3.7	6:38	0.3	6:50	0.6	5:52	8:24	
15	Sat	1:15	4.1	1:48	3.8	7:24	0.3	7:46	0.6	5:53	8:23	
16	Sun	2:05	3.9	2:43	3.9	8:14	0.3	8:46	0.6	5:53	8:23	
17	Mon	3:01	3.7	3:43	4.1	9:06	0.2	9:48	0.5	5:54	8:22	
18	Tue	4:02	3.6	4:45	4.4	10:01	0.0	10:52	0.4	5:55	8:22	
19	Wed	5:04	3.5	5:45	4.7	10:59	-0.1	11:56	0.2	5:56	8:21	
20	Thu	6:04	3.6	6:43	4.9	11:58	-0.4			5:56	8:20	
21	Fri	7:03	3.7	7:39	5.1	12:57	-0.1	12:56	-0.6	5:57	8:20	
22	Sat	7:59	3.8	8:33	5.2	1:54	-0.4	1:52	-0.8	5:58	8:19	
23	Sun	8:54	3.9	9:26	5.2	2:47	-0.5	2:46	-0.9	5:59	8:18	
24	Mon	9:47	3.9	10:17	5.1	3:37	-0.6	3:38	-0.8	5:59	8:17	
25	Tue	10:39	4.0	11:06	4.8	4:26	-0.6	4:30	-0.7	6:00	8:17	
26	Wed	11:29	3.9	11:54	4.5	5:14	-0.5	5:22	-0.4	6:01	8:16	
27	Thu			12:19	3.9	6:01	-0.3	6:15	-0.1	6:02	8:15	
28	Fri	12:40	4.1	1:09	3.8	6:49	0.0	7:10	0.3	6:03	8:14	
29	Sat	1:28	3.8	2:01	3.7	7:37	0.2	8:06	0.6	6:04	8:13	
30	Sun	2:17	3.4	2:55	3.6	8:24	0.4	9:03	0.8	6:04	8:12	
31	Mon	3:10	3.2	3:52	3.6	9:12	0.6	10:01	1.0	6:05	8:11	