































Metompkin Inlet, VA - Aug 2017

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:06	3.0	4:49	3.7	10:02	0.7	10:59	1.1	6:06	8:10	
2	Wed	5:02	3.0	5:42	3.8	10:52	0.7	11:54	1.0	6:07	8:09	
3	Thu	5:55	3.0	6:30	4.0	11:42	0.7			6:08	8:08	
4	Fri	6:43	3.1	7:15	4.2	12:43	0.9	12:30	0.6	6:09	8:07	
5	Sat	7:29	3.3	7:58	4.4	1:27	0.8	1:16	0.4	6:09	8:06	
6	Sun	8:12	3.5	8:40	4.5	2:07	0.6	1:59	0.3	6:10	8:05	
7	Mon	8:55	3.6	9:21	4.6	2:45	0.4	2:41	0.2	6:11	8:04	
8	Tue	9:38	3.8	10:02	4.7	3:24	0.3	3:23	0.1	6:12	8:03	
9	Wed	10:20	3.9	10:42	4.6	4:02	0.2	4:06	0.1	6:13	8:02	
10	Thu	11:03	4.0	11:23	4.5	4:42	0.2	4:51	0.2	6:14	8:01	
11	Fri	11:46	4.1			5:23	0.2	5:39	0.3	6:15	8:00	
12	Sat	12:06	4.4	12:33	4.2	6:07	0.2	6:31	0.4	6:15	7:58	
13	Sun	12:51	4.1	1:23	4.2	6:55	0.2	7:27	0.5	6:16	7:57	
14	Mon	1:42	3.9	2:19	4.3	7:46	0.3	8:28	0.6	6:17	7:56	
15	Tue	2:38	3.6	3:20	4.4	8:41	0.2	9:32	0.6	6:18	7:55	
16	Wed	3:41	3.5	4:25	4.5	9:39	0.2	10:37	0.5	6:19	7:53	
17	Thu	4:46	3.5	5:29	4.6	10:41	0.1	11:42	0.4	6:20	7:52	
18	Fri	5:50	3.5	6:29	4.8	11:43	-0.1			6:21	7:51	
19	Sat	6:49	3.7	7:25	4.9	12:43	0.1	12:43	-0.3	6:21	7:49	
20	Sun	7:45	3.9	8:18	5.0	1:38	-0.1	1:39	-0.5	6:22	7:48	
21	Mon	8:37	4.0	9:08	5.0	2:28	-0.3	2:32	-0.6	6:23	7:47	
22	Tue	9:27	4.2	9:55	4.8	3:15	-0.4	3:22	-0.6	6:24	7:45	
23	Wed	10:16	4.2	10:41	4.6	3:59	-0.4	4:10	-0.5	6:25	7:44	
24	Thu	11:02	4.2	11:25	4.3	4:42	-0.3	4:58	-0.2	6:26	7:43	
25	Fri	11:48	4.2			5:25	-0.1	5:47	0.1	6:26	7:41	
26	Sat	12:08	4.0	12:33	4.1	6:08	0.2	6:37	0.5	6:27	7:40	
27	Sun	12:52	3.7	1:20	3.9	6:52	0.5	7:29	0.8	6:28	7:38	
28	Mon	1:39	3.4	2:11	3.8	7:39	0.7	8:23	1.0	6:29	7:37	
29	Tue	2:29	3.2	3:06	3.7	8:27	0.9	9:19	1.2	6:30	7:35	
30	Wed	3:25	3.0	4:05	3.7	9:19	1.0	10:16	1.3	6:31	7:34	
31	Thu	4:24	3.0	5:03	3.8	10:12	1.0	11:12	1.3	6:32	7:33	