
































## Metompkin Inlet, VA - Nov 2017

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:41	4.2	7:01	4.3	12:12	0.4	12:37	0.4	7:27	6:03	
2	Thu	7:28	4.6	7:48	4.4	12:58	0.1	1:28	0.0	7:29	6:02	
3	Fri	8:15	5.0	8:36	4.4	1:44	-0.2	2:18	-0.3	7:30	6:01	
4	Sat	9:02	5.2	9:24	4.4	2:29	-0.4	3:08	-0.4	7:31	6:00	
5	Sun	8:51	5.4	9:14	4.3	2:15	-0.6	2:59	-0.5	6:32	4:59	
6	Mon	9:42	5.4	10:04	4.1	3:03	-0.6	3:51	-0.4	6:33	4:58	
7	Tue	10:34	5.3	10:57	3.9	3:53	-0.5	4:46	-0.3	6:34	4:57	
8	Wed	11:28	5.0	11:53	3.6	4:47	-0.3	5:45	-0.1	6:35	4:56	
9	Thu			12:25	4.7	5:46	0.0	6:46	0.1	6:36	4:56	
10	Fri	12:54	3.5	1:27	4.4	6:49	0.2	7:48	0.2	6:37	4:55	
11	Sat	2:01	3.4	2:32	4.1	7:55	0.3	8:50	0.3	6:38	4:54	
12	Sun	3:12	3.4	3:38	3.9	9:02	0.4	9:48	0.2	6:39	4:53	
13	Mon	4:17	3.6	4:38	3.8	10:08	0.4	10:42	0.1	6:40	4:52	
14	Tue	5:13	3.8	5:29	3.7	11:09	0.3	11:29	0.1	6:41	4:52	
15	Wed	6:00	4.0	6:14	3.7			12:03	0.2	6:42	4:51	
16	Thu	6:42	4.2	6:56	3.6	12:11	0.0	12:49	0.1	6:43	4:50	
17	Fri	7:21	4.3	7:37	3.6	12:50	-0.1	1:31	0.1	6:44	4:49	
18	Sat	8:01	4.4	8:17	3.5	1:28	-0.1	2:10	0.1	6:45	4:49	
19	Sun	8:40	4.4	8:57	3.4	2:05	0.0	2:49	0.1	6:46	4:48	
20	Mon	9:20	4.4	9:38	3.4	2:42	0.1	3:28	0.3	6:48	4:48	
21	Tue	10:01	4.3	10:19	3.3	3:20	0.2	4:08	0.4	6:49	4:47	
22	Wed	10:43	4.2	11:02	3.2	4:00	0.4	4:51	0.6	6:50	4:47	
23	Thu	11:25	4.1	11:46	3.1	4:43	0.6	5:36	0.8	6:51	4:46	
24	Fri			12:10	3.9	5:29	0.8	6:23	0.9	6:52	4:46	
25	Sat	12:34	3.0	12:58	3.8	6:20	0.9	7:12	0.9	6:53	4:45	
26	Sun	1:27	3.1	1:50	3.7	7:15	1.0	8:02	0.8	6:54	4:45	
27	Mon	2:24	3.2	2:45	3.7	8:13	0.9	8:52	0.6	6:55	4:45	
28	Tue	3:22	3.5	3:41	3.7	9:12	0.8	9:42	0.4	6:56	4:44	
29	Wed	4:17	3.8	4:35	3.8	10:11	0.5	10:33	0.1	6:57	4:44	
30	Thu	5:09	4.2	5:28	3.9	11:09	0.2	11:23	-0.3	6:58	4:44	