

































Metompkin Inlet, VA - Aug 2018

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			12:18	3.7	5:57	0.5	6:07	0.7	6:06	8:11	
2	Thu	12:36	4.0	1:02	3.7	6:38	0.6	6:56	0.8	6:07	8:10	
3	Fri	1:18	3.8	1:50	3.8	7:22	0.6	7:50	0.9	6:07	8:09	
4	Sat	2:06	3.6	2:43	4.0	8:10	0.6	8:49	0.9	6:08	8:08	
5	Sun	3:00	3.5	3:42	4.2	9:01	0.5	9:50	0.8	6:09	8:07	
6	Mon	4:01	3.4	4:44	4.4	9:57	0.3	10:53	0.6	6:10	8:05	
7	Tue	5:04	3.5	5:44	4.7	10:56	0.1	11:56	0.4	6:11	8:04	
8	Wed	6:04	3.6	6:42	5.0	11:56	-0.1			6:12	8:03	
9	Thu	7:02	3.8	7:38	5.2	12:56	0.1	12:55	-0.4	6:13	8:02	
10	Fri	7:59	4.0	8:33	5.3	1:52	-0.2	1:52	-0.7	6:13	8:01	
11	Sat	8:53	4.1	9:26	5.3	2:44	-0.5	2:47	-0.9	6:14	8:00	
12	Sun	9:47	4.3	10:17	5.2	3:34	-0.6	3:40	-0.9	6:15	7:59	
13	Mon	10:40	4.4	11:07	4.9	4:22	-0.6	4:33	-0.8	6:16	7:57	
14	Tue	11:31	4.4	11:56	4.6	5:11	-0.5	5:28	-0.5	6:17	7:56	
15	Wed			12:23	4.3	5:59	-0.4	6:24	-0.1	6:18	7:55	
16	Thu	12:45	4.2	1:15	4.2	6:49	-0.1	7:22	0.2	6:19	7:54	
17	Fri	1:35	3.7	2:10	4.0	7:40	0.2	8:22	0.6	6:19	7:52	
18	Sat	2:28	3.4	3:08	3.9	8:31	0.4	9:24	0.8	6:20	7:51	
19	Sun	3:26	3.1	4:10	3.8	9:24	0.6	10:27	1.0	6:21	7:50	
20	Mon	4:27	3.0	5:10	3.9	10:18	0.7	11:28	1.0	6:22	7:48	
21	Tue	5:25	3.0	6:03	3.9	11:12	0.7			6:23	7:47	
22	Wed	6:17	3.1	6:50	4.1	12:23	1.0	12:04	0.7	6:24	7:46	
23	Thu	7:03	3.2	7:33	4.2	1:08	0.9	12:51	0.6	6:25	7:44	
24	Fri	7:46	3.4	8:14	4.3	1:46	0.8	1:35	0.4	6:25	7:43	
25	Sat	8:27	3.6	8:53	4.4	2:21	0.6	2:16	0.3	6:26	7:42	
26	Sun	9:08	3.8	9:32	4.5	2:56	0.5	2:56	0.3	6:27	7:40	
27	Mon	9:48	3.9	10:10	4.5	3:31	0.4	3:36	0.3	6:28	7:39	
28	Tue	10:28	4.0	10:49	4.4	4:07	0.4	4:16	0.3	6:29	7:37	
29	Wed	11:08	4.1	11:27	4.3	4:43	0.4	4:58	0.4	6:30	7:36	
30	Thu	11:49	4.2			5:21	0.5	5:44	0.6	6:31	7:34	
31	Fri	12:07	4.1	12:32	4.2	6:02	0.5	6:33	0.7	6:31	7:33	