
































Metompkin Inlet, VA - Nov 2018

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:11	3.4	3:45	4.3	9:05	0.5	10:02	0.4	7:27	6:04	
2	Fri	4:20	3.5	4:51	4.3	10:12	0.4	11:01	0.2	7:28	6:03	
3	Sat	5:25	3.8	5:51	4.2	11:18	0.2	11:56	0.0	7:29	6:02	
4	Sun	5:23	4.1	5:45	4.2	11:20	0.0	11:46	-0.2	6:30	5:01	
5	Mon	6:14	4.4	6:34	4.1			12:17	-0.2	6:31	5:00	
6	Tue	7:01	4.6	7:21	4.1	12:32	-0.3	1:08	-0.3	6:32	4:59	
7	Wed	7:47	4.7	8:06	3.9	1:16	-0.4	1:55	-0.3	6:34	4:58	
8	Thu	8:31	4.8	8:50	3.8	1:57	-0.4	2:40	-0.2	6:35	4:57	
9	Fri	9:14	4.7	9:33	3.6	2:38	-0.3	3:25	-0.1	6:36	4:56	
10	Sat	9:57	4.6	10:17	3.4	3:19	-0.1	4:09	0.2	6:37	4:55	
11	Sun	10:41	4.4	11:01	3.2	4:01	0.2	4:54	0.4	6:38	4:54	
12	Mon	11:26	4.2	11:47	3.1	4:45	0.5	5:42	0.7	6:39	4:53	
13	Tue			12:13	4.0	5:33	0.7	6:32	0.9	6:40	4:52	
14	Wed	12:37	3.0	1:04	3.8	6:25	0.9	7:23	1.0	6:41	4:52	
15	Thu	1:31	2.9	1:58	3.6	7:20	1.1	8:13	1.0	6:42	4:51	
16	Fri	2:30	3.0	2:54	3.6	8:16	1.1	9:02	1.0	6:43	4:50	
17	Sat	3:28	3.2	3:48	3.6	9:13	1.1	9:49	0.8	6:44	4:50	
18	Sun	4:20	3.5	4:38	3.7	10:08	0.9	10:35	0.6	6:45	4:49	
19	Mon	5:08	3.8	5:25	3.8	11:01	0.7	11:19	0.4	6:46	4:48	
20	Tue	5:53	4.2	6:10	3.9	11:51	0.4			6:47	4:48	
21	Wed	6:37	4.5	6:54	3.9	12:02	0.1	12:40	0.1	6:48	4:47	
22	Thu	7:21	4.8	7:40	3.9	12:46	-0.1	1:27	-0.1	6:49	4:47	
23	Fri	8:07	5.0	8:26	3.9	1:29	-0.3	2:14	-0.2	6:50	4:46	
24	Sat	8:54	5.1	9:14	3.8	2:14	-0.5	3:03	-0.3	6:51	4:46	
25	Sun	9:43	5.2	10:04	3.7	3:00	-0.5	3:53	-0.3	6:52	4:45	
26	Mon	10:33	5.1	10:56	3.6	3:50	-0.4	4:46	-0.2	6:53	4:45	
27	Tue	11:26	4.9	11:51	3.5	4:44	-0.3	5:43	-0.1	6:54	4:45	
28	Wed			12:22	4.6	5:43	-0.1	6:41	0.0	6:55	4:44	
29	Thu	12:51	3.4	1:21	4.3	6:46	0.1	7:41	0.0	6:56	4:44	
30	Fri	1:57	3.4	2:24	4.0	7:52	0.2	8:39	0.0	6:57	4:44	