





























Metompkin Inlet, VA - Feb 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:06	3.7	6:15	2.7			12:26	0.2	7:06	5:25	
2	Sat	6:50	3.8	6:58	2.8	12:06	-0.2	1:07	0.1	7:05	5:26	
3	Sun	7:32	3.9	7:40	2.9	12:49	-0.3	1:44	0.1	7:04	5:28	
4	Mon	8:11	4.0	8:20	3.0	1:30	-0.4	2:18	0.0	7:03	5:29	
5	Tue	8:50	4.0	9:00	3.1	2:09	-0.4	2:53	0.0	7:02	5:30	
6	Wed	9:28	4.0	9:40	3.2	2:48	-0.4	3:27	0.0	7:01	5:31	
7	Thu	10:06	3.9	10:20	3.3	3:26	-0.3	4:03	0.1	7:00	5:32	
8	Fri	10:43	3.8	10:59	3.3	4:06	-0.1	4:40	0.1	6:59	5:33	
9	Sat	11:20	3.6	11:40	3.3	4:49	0.1	5:18	0.2	6:58	5:34	
10	Sun			12:00	3.4	5:34	0.2	5:59	0.3	6:57	5:35	
11	Mon	12:24	3.4	12:43	3.2	6:25	0.4	6:44	0.3	6:56	5:36	
12	Tue	1:14	3.4	1:33	3.0	7:20	0.5	7:33	0.3	6:55	5:37	
13	Wed	2:11	3.5	2:31	2.9	8:20	0.5	8:28	0.2	6:54	5:39	
14	Thu	3:14	3.7	3:34	2.9	9:23	0.4	9:28	0.0	6:52	5:40	
15	Fri	4:17	4.0	4:37	3.0	10:27	0.2	10:29	-0.3	6:51	5:41	
16	Sat	5:17	4.3	5:36	3.2	11:29	-0.1	11:29	-0.7	6:50	5:42	
17	Sun	6:15	4.6	6:33	3.5			12:26	-0.4	6:49	5:43	
18	Mon	7:10	4.8	7:28	3.7	12:27	-1.0	1:19	-0.7	6:48	5:44	
19	Tue	8:03	4.9	8:21	3.9	1:22	-1.3	2:09	-1.0	6:46	5:45	
20	Wed	8:54	4.9	9:13	4.1	2:16	-1.5	2:57	-1.1	6:45	5:46	
21	Thu	9:44	4.7	10:05	4.2	3:09	-1.4	3:45	-1.1	6:44	5:47	
22	Fri	10:32	4.4	10:55	4.1	4:02	-1.3	4:32	-1.0	6:43	5:48	
23	Sat	11:21	4.0	11:47	4.0	4:56	-0.9	5:21	-0.7	6:41	5:49	
24	Sun			12:10	3.6	5:53	-0.6	6:12	-0.5	6:40	5:50	
25	Mon	12:40	3.8	1:02	3.1	6:52	-0.2	7:04	-0.2	6:39	5:51	
26	Tue	1:38	3.6	1:59	2.8	7:54	0.2	7:59	0.1	6:37	5:52	
27	Wed	2:40	3.5	3:01	2.6	8:58	0.4	8:56	0.2	6:36	5:53	
28	Thu	3:46	3.4	4:04	2.5	10:05	0.6	9:54	0.3	6:35	5:54	