US HARBORS www.USHarbors.com

Metompkin Inlet, VA - May 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:52	3.6	7:12	3.8	12:25	0.6	12:46	0.6	6:06	7:52	
2	Thu	7:34	3.7	7:53	4.1	1:11	0.4	1:25	0.4	6:05	7:53	
3	Fri	8:15	3.8	8:34	4.3	1:55	0.2	2:03	0.2	6:04	7:54	
4	Sat	8:56	3.8	9:15	4.5	2:37	0.0	2:42	0.1	6:03	7:55	
5	Sun	9:38	3.8	9:57	4.7	3:20	-0.1	3:21	0.0	6:02	7:55	
6	Mon	10:20	3.7	10:40	4.7	4:03	-0.1	4:02	0.0	6:01	7:56	
7	Tue	11:04	3.6	11:26	4.7	4:49	-0.1	4:45	0.1	6:00	7:57	
8	Wed	11:50	3.5			5:37	0.0	5:33	0.1	5:59	7:58	
9	Thu	12:14	4.7	12:40	3.4	6:30	0.2	6:27	0.2	5:58	7:59	
10	Fri	1:06	4.5	1:35	3.3	7:26	0.3	7:26	0.3	5:57	8:00	
11	Sat	2:04	4.3	2:36	3.3	8:25	0.3	8:30	0.3	5:56	8:01	
12	Sun	3:06	4.2	3:42	3.4	9:24	0.2	9:36	0.3	5:55	8:02	
13	Mon	4:11	4.1	4:48	3.6	10:23	0.1	10:42	0.2	5:54	8:03	
14	Tue	5:14	4.0	5:48	3.9	11:19	0.0	11:47	0.0	5:53	8:03	
15	Wed	6:12	4.0	6:43	4.3			12:12	-0.2	5:52	8:04	
16	Thu	7:06	3.9	7:34	4.5	12:48	-0.3	1:02	-0.4	5:51	8:05	
17	Fri	7:56	3.8	8:23	4.7	1:44	-0.4	1:50	-0.5	5:51	8:06	
18	Sat	8:45	3.7	9:10	4.8	2:35	-0.5	2:35	-0.5	5:50	8:07	
19	Sun	9:32	3.6	9:56	4.8	3:23	-0.5	3:19	-0.5	5:49	8:08	
20	Mon	10:18	3.5	10:41	4.7	4:10	-0.4	4:02	-0.3	5:48	8:09	
21	Tue	11:03	3.3	11:26	4.5	4:55	-0.2	4:46	-0.1	5:48	8:09	
22	Wed	11:49	3.2			5:42	0.0	5:32	0.2	5:47	8:10	
23	Thu	12:11	4.2	12:35	3.1	6:29	0.3	6:20	0.5	5:46	8:11	
24	Fri	12:58	4.0	1:23	3.0	7:18	0.6	7:11	0.7	5:46	8:12	
25	Sat	1:47	3.7	2:15	2.9	8:07	0.7	8:05	0.9	5:45	8:13	
26	Sun	2:39	3.6	3:11	3.0	8:55	0.8	9:01	1.0	5:45	8:13	
27	Mon	3:34	3.4	4:08	3.1	9:42	0.9	9:57	1.0	5:44	8:14	
28	Tue	4:28	3.4	5:01	3.4	10:28	0.8	10:52	0.9	5:44	8:15	
29	Wed	5:20	3.4	5:50	3.7	11:13	0.7	11:46	0.8	5:43	8:16	
30	Thu	6:08	3.4	6:35	4.0	11:58	0.5			5:43	8:16	
31	Fri	6:53	3.5	7:19	4.3	12:37	0.6	12:42	0.3	5:42	8:17	