US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Dec 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:42	4.1			5:01	0.2	6:03	0.4	6:58	4:44	
2	Mon	12:04	2.9	12:31	3.8	5:53	0.5	6:53	0.6	6:59	4:44	
3	Tue	12:56	2.8	1:22	3.6	6:47	0.7	7:43	0.7	7:00	4:43	
4	Wed	1:53	2.8	2:16	3.4	7:44	0.8	8:31	0.7	7:01	4:43	
5	Thu	2:52	3.0	3:11	3.3	8:41	0.9	9:17	0.7	7:02	4:43	
6	Fri	3:48	3.2	4:03	3.3	9:37	0.9	10:01	0.6	7:03	4:43	
7	Sat	4:38	3.4	4:52	3.3	10:31	0.8	10:45	0.5	7:03	4:43	
8	Sun	5:23	3.7	5:37	3.3	11:22	0.6	11:27	0.3	7:04	4:43	
9	Mon	6:07	4.0	6:21	3.4			12:10	0.4	7:05	4:43	
10	Tue	6:49	4.3	7:04	3.4	12:10	0.1	12:55	0.2	7:06	4:43	
11	Wed	7:32	4.5	7:48	3.5	12:52	-0.1	1:39	0.0	7:07	4:43	
12	Thu	8:16	4.7	8:33	3.5	1:34	-0.2	2:24	-0.1	7:07	4:44	
13	Fri	9:01	4.8	9:19	3.4	2:17	-0.3	3:09	-0.1	7:08	4:44	
14	Sat	9:47	4.8	10:06	3.4	3:02	-0.4	3:57	-0.1	7:09	4:44	
15	Sun	10:35	4.7	10:56	3.4	3:50	-0.3	4:47	-0.1	7:10	4:44	
16	Mon	11:24	4.6	11:49	3.3	4:42	-0.2	5:39	-0.1	7:10	4:45	
17	Tue			12:17	4.4	5:40	-0.1	6:34	-0.1	7:11	4:45	
18	Wed	12:46	3.3	1:13	4.1	6:41	0.0	7:29	-0.1	7:11	4:45	
19	Thu	1:49	3.4	2:13	3.8	7:46	0.1	8:25	-0.2	7:12	4:46	
20	Fri	2:54	3.6	3:15	3.6	8:52	0.1	9:20	-0.3	7:13	4:46	
21	Sat	3:58	3.8	4:16	3.4	9:59	0.0	10:15	-0.4	7:13	4:47	
22	Sun	4:57	4.1	5:14	3.3	11:04	-0.1	11:09	-0.5	7:14	4:47	
23	Mon	5:52	4.3	6:07	3.3			12:04	-0.3	7:14	4:48	
24	Tue	6:42	4.5	6:57	3.2	12:00	-0.7	12:58	-0.4	7:15	4:48	
25	Wed	7:30	4.6	7:46	3.2	12:49	-0.7	1:46	-0.5	7:15	4:49	
26	Thu	8:17	4.6	8:32	3.2	1:35	-0.8	2:32	-0.5	7:15	4:49	
27	Fri	9:02	4.5	9:18	3.1	2:20	-0.7	3:16	-0.4	7:16	4:50	
28	Sat	9:46	4.3	10:02	3.0	3:04	-0.6	3:59	-0.2	7:16	4:51	
29	Sun	10:30	4.2	10:47	3.0	3:47	-0.4	4:42	0.0	7:16	4:51	
30	Mon	11:12	3.9	11:31	2.9	4:32	-0.1	5:25	0.2	7:17	4:52	
31	Tue	11:56	3.7			5:19	0.2	6:09	0.3	7:17	4:53	