

































Metompkin Inlet, VA - May 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:24	4.0	3:56	3.2	9:40	0.6	9:48	0.5	6:05	7:52	
2	Sat	4:28	4.1	5:00	3.6	10:38	0.3	10:53	0.2	6:04	7:53	
3	Sun	5:29	4.2	5:59	4.0	11:33	0.1	11:57	-0.1	6:03	7:54	
4	Mon	6:26	4.2	6:54	4.4			12:26	-0.3	6:02	7:55	
5	Tue	7:19	4.3	7:46	4.8	12:57	-0.4	1:17	-0.6	6:01	7:56	
6	Wed	8:11	4.2	8:38	5.1	1:54	-0.7	2:05	-0.8	6:00	7:57	
7	Thu	9:03	4.1	9:28	5.2	2:48	-0.9	2:53	-0.8	5:59	7:58	
8	Fri	9:53	3.9	10:19	5.2	3:40	-0.9	3:40	-0.8	5:58	7:59	
9	Sat	10:43	3.7	11:09	5.0	4:32	-0.7	4:28	-0.6	5:57	8:00	
10	Sun	11:34	3.5	11:59	4.7	5:24	-0.5	5:19	-0.3	5:56	8:01	
11	Mon			12:24	3.3	6:19	-0.2	6:11	0.0	5:55	8:01	
12	Tue	12:51	4.4	1:17	3.1	7:15	0.2	7:08	0.3	5:54	8:02	
13	Wed	1:45	4.0	2:14	2.9	8:12	0.4	8:07	0.6	5:53	8:03	
14	Thu	2:43	3.7	3:16	2.9	9:08	0.6	9:07	0.7	5:52	8:04	
15	Fri	3:44	3.5	4:18	3.0	10:02	0.7	10:08	0.8	5:52	8:05	
16	Sat	4:42	3.4	5:15	3.2	10:50	0.7	11:06	0.8	5:51	8:06	
17	Sun	5:35	3.4	6:02	3.4	11:34	0.7			5:50	8:07	
18	Mon	6:20	3.4	6:45	3.7	12:00	0.7	12:15	0.6	5:49	8:08	
19	Tue	7:03	3.4	7:25	4.0	12:48	0.6	12:53	0.5	5:48	8:08	
20	Wed	7:43	3.4	8:05	4.2	1:32	0.4	1:30	0.4	5:48	8:09	
21	Thu	8:24	3.4	8:44	4.4	2:13	0.3	2:08	0.3	5:47	8:10	
22	Fri	9:05	3.4	9:25	4.5	2:53	0.2	2:46	0.2	5:46	8:11	
23	Sat	9:46	3.4	10:06	4.6	3:33	0.2	3:24	0.2	5:46	8:12	
24	Sun	10:27	3.4	10:48	4.6	4:14	0.2	4:04	0.3	5:45	8:12	
25	Mon	11:10	3.3	11:31	4.5	4:57	0.3	4:47	0.3	5:45	8:13	
26	Tue	11:54	3.3			5:44	0.3	5:34	0.4	5:44	8:14	
27	Wed	12:17	4.5	12:42	3.2	6:34	0.4	6:26	0.5	5:44	8:15	
28	Thu	1:07	4.4	1:35	3.2	7:26	0.4	7:25	0.5	5:43	8:15	
29	Fri	2:01	4.2	2:34	3.3	8:20	0.4	8:27	0.5	5:43	8:16	
30	Sat	3:00	4.1	3:37	3.5	9:15	0.3	9:31	0.4	5:42	8:17	
31	Sun	4:01	4.0	4:40	3.8	10:10	0.1	10:37	0.2	5:42	8:17	