

































Metompkin Inlet, VA - Aug 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:15	3.2	7:51	4.6	1:20	0.2	1:04	-0.1	6:06	8:10	
2	Sun	8:06	3.3	8:39	4.7	2:11	0.1	1:55	-0.2	6:07	8:09	
3	Mon	8:53	3.4	9:24	4.6	2:55	0.1	2:42	-0.2	6:08	8:08	
4	Tue	9:39	3.5	10:07	4.5	3:36	0.1	3:27	-0.2	6:09	8:07	
5	Wed	10:22	3.5	10:48	4.4	4:15	0.1	4:10	0.0	6:10	8:06	
6	Thu	11:05	3.6	11:28	4.2	4:53	0.2	4:53	0.2	6:10	8:05	
7	Fri	11:47	3.6			5:31	0.4	5:37	0.4	6:11	8:04	
8	Sat	12:07	4.0	12:29	3.6	6:09	0.5	6:23	0.7	6:12	8:03	
9	Sun	12:48	3.7	1:13	3.6	6:48	0.7	7:11	0.9	6:13	8:02	
10	Mon	1:30	3.5	2:00	3.6	7:30	0.8	8:03	1.1	6:14	8:00	
11	Tue	2:16	3.2	2:51	3.7	8:13	0.9	8:57	1.2	6:15	7:59	
12	Wed	3:08	3.1	3:47	3.7	9:01	1.0	9:53	1.3	6:16	7:58	
13	Thu	4:04	3.0	4:44	3.9	9:51	1.0	10:51	1.2	6:16	7:57	
14	Fri	5:02	3.0	5:39	4.1	10:45	0.9	11:48	1.1	6:17	7:56	
15	Sat	5:56	3.2	6:32	4.4	11:40	0.6			6:18	7:54	
16	Sun	6:48	3.4	7:21	4.7	12:42	0.8	12:34	0.4	6:19	7:53	
17	Mon	7:38	3.6	8:10	5.0	1:32	0.5	1:26	0.0	6:20	7:52	
18	Tue	8:27	3.9	8:58	5.1	2:19	0.2	2:17	-0.2	6:21	7:50	
19	Wed	9:16	4.1	9:45	5.2	3:04	-0.1	3:07	-0.4	6:22	7:49	
20	Thu	10:06	4.3	10:33	5.1	3:49	-0.2	3:57	-0.5	6:22	7:48	
21	Fri	10:56	4.5	11:21	4.9	4:35	-0.3	4:50	-0.4	6:23	7:46	
22	Sat	11:46	4.6			5:21	-0.3	5:44	-0.3	6:24	7:45	
23	Sun	12:09	4.5	12:38	4.6	6:10	-0.2	6:43	0.0	6:25	7:44	
24	Mon	1:00	4.1	1:34	4.6	7:01	-0.1	7:45	0.3	6:26	7:42	
25	Tue	1:54	3.7	2:34	4.4	7:55	0.1	8:50	0.5	6:27	7:41	
26	Wed	2:55	3.4	3:39	4.4	8:53	0.2	9:58	0.6	6:28	7:39	
27	Thu	4:01	3.2	4:47	4.3	9:53	0.4	11:07	0.7	6:28	7:38	
28	Fri	5:09	3.1	5:52	4.4	10:55	0.4			6:29	7:37	
29	Sat	6:11	3.2	6:48	4.4	12:12	0.6	11:56 AM	0.3	6:30	7:35	
30	Sun	7:04	3.3	7:37	4.4	1:08	0.5	12:52	0.2	6:31	7:34	
31	Mon	7:51	3.4	8:21	4.5	1:54	0.4	1:42	0.1	6:32	7:32	