






























## Metompkin Inlet, VA - Jan 2021

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:55	4.5	10:11	3.1	3:08	-0.3	4:03	0.0	7:17	4:54	
2	Sat	10:39	4.4	10:57	3.2	3:53	-0.3	4:48	0.0	7:17	4:55	
3	Sun	11:23	4.3	11:46	3.2	4:42	-0.2	5:35	0.0	7:17	4:56	
4	Mon			12:11	4.1	5:37	-0.1	6:24	-0.1	7:17	4:57	
5	Tue	12:39	3.3	1:02	3.8	6:36	0.0	7:15	-0.1	7:17	4:58	
6	Wed	1:38	3.5	1:59	3.5	7:38	0.1	8:07	-0.2	7:17	4:59	
7	Thu	2:40	3.7	3:00	3.3	8:44	0.1	9:01	-0.3	7:17	5:00	
8	Fri	3:44	3.9	4:02	3.1	9:51	0.1	9:58	-0.4	7:17	5:00	
9	Sat	4:45	4.2	5:03	3.1	10:57	-0.1	10:55	-0.6	7:17	5:01	
10	Sun	5:44	4.4	6:00	3.0			12:00	-0.3	7:17	5:02	
11	Mon	6:39	4.6	6:55	3.1			12:57	-0.5	7:17	5:03	
12	Tue	7:32	4.6	7:47	3.1	12:46	-0.9	1:49	-0.6	7:16	5:04	
13	Wed	8:23	4.6	8:38	3.1	1:37	-1.0	2:37	-0.6	7:16	5:05	
14	Thu	9:12	4.5	9:26	3.2	2:26	-1.0	3:23	-0.5	7:16	5:06	
15	Fri	9:58	4.4	10:13	3.1	3:14	-0.9	4:08	-0.4	7:16	5:07	
16	Sat	10:42	4.1	11:00	3.1	4:02	-0.6	4:52	-0.3	7:15	5:08	
17	Sun	11:26	3.8	11:46	3.1	4:50	-0.3	5:36	-0.1	7:15	5:09	
18	Mon			12:09	3.5	5:40	0.0	6:19	0.1	7:14	5:11	
19	Tue	12:33	3.0	12:54	3.2	6:32	0.3	7:01	0.3	7:14	5:12	
20	Wed	1:24	3.0	1:42	2.9	7:25	0.5	7:45	0.4	7:13	5:13	
21	Thu	2:18	3.0	2:34	2.7	8:21	0.7	8:31	0.4	7:13	5:14	
22	Fri	3:14	3.1	3:29	2.6	9:18	0.8	9:19	0.4	7:12	5:15	
23	Sat	4:10	3.3	4:24	2.6	10:16	0.8	10:09	0.4	7:12	5:16	
24	Sun	5:02	3.5	5:15	2.6	11:12	0.7	11:00	0.2	7:11	5:17	
25	Mon	5:51	3.7	6:03	2.8			12:02	0.5	7:10	5:18	
26	Tue	6:38	4.0	6:50	2.9			12:48	0.3	7:10	5:19	
27	Wed	7:23	4.2	7:35	3.1	12:36	-0.2	1:32	0.1	7:09	5:20	
28	Thu	8:07	4.4	8:20	3.2	1:21	-0.5	2:14	-0.1	7:08	5:21	
29	Fri	8:51	4.5	9:05	3.4	2:06	-0.6	2:55	-0.3	7:08	5:23	
30	Sat	9:35	4.5	9:51	3.5	2:51	-0.7	3:38	-0.4	7:07	5:24	
31	Sun	10:18	4.4	10:37	3.6	3:39	-0.7	4:21	-0.4	7:06	5:25	