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# Metompkin Inlet, VA - May 2021

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 12:22 | 4.9 | 12:48 | 3.3 | 6:42 | -0.2 | 6:37 | -0.1 | 6:06 | 7:52 | |
| 2 | Sun | 1:19 | 4.5 | 1:47 | 3.1 | 7:43 | 0.1 | 7:39 | 0.1 | 6:04 | 7:53 | |
| 3 | Mon | 2:20 | 4.2 | 2:52 | 3.0 | 8:47 | 0.3 | 8:44 | 0.4 | 6:03 | 7:54 | |
| 4 | Tue | 3:27 | 3.9 | 4:03 | 3.0 | 9:50 | 0.4 | 9:52 | 0.5 | 6:02 | 7:55 | |
| 5 | Wed | 4:35 | 3.7 | 5:11 | 3.1 | 10:49 | 0.5 | 10:58 | 0.5 | 6:01 | 7:56 | |
| 6 | Thu | 5:36 | 3.6 | 6:05 | 3.3 | 11:41 | 0.4 | 11:59 | 0.4 | 6:00 | 7:57 | |
| 7 | Fri | 6:26 | 3.5 | 6:50 | 3.6 | | | 12:25 | 0.4 | 5:59 | 7:58 | |
| 8 | Sat | 7:09 | 3.5 | 7:29 | 3.8 | 12:52 | 0.3 | 1:04 | 0.3 | 5:58 | 7:59 | |
| 9 | Sun | 7:47 | 3.4 | 8:06 | 4.0 | 1:37 | 0.2 | 1:39 | 0.3 | 5:57 | 7:59 | |
| 10 | Mon | 8:26 | 3.4 | 8:44 | 4.2 | 2:17 | 0.2 | 2:13 | 0.2 | 5:56 | 8:00 | |
| 11 | Tue | 9:04 | 3.4 | 9:22 | 4.3 | 2:55 | 0.1 | 2:47 | 0.2 | 5:55 | 8:01 | |
| 12 | Wed | 9:43 | 3.3 | 10:01 | 4.3 | 3:32 | 0.1 | 3:23 | 0.3 | 5:54 | 8:02 | |
| 13 | Thu | 10:23 | 3.3 | 10:40 | 4.3 | 4:10 | 0.2 | 3:59 | 0.4 | 5:53 | 8:03 | |
| 14 | Fri | 11:02 | 3.2 | 11:21 | 4.3 | 4:49 | 0.4 | 4:37 | 0.5 | 5:53 | 8:04 | |
| 15 | Sat | 11:43 | 3.1 | | | 5:31 | 0.5 | 5:18 | 0.6 | 5:52 | 8:05 | |
| 16 | Sun | 12:03 | 4.2 | 12:25 | 3.0 | 6:15 | 0.7 | 6:03 | 0.8 | 5:51 | 8:06 | |
| 17 | Mon | 12:47 | 4.1 | 1:11 | 3.0 | 7:03 | 0.8 | 6:53 | 0.8 | 5:50 | 8:06 | |
| 18 | Tue | 1:35 | 4.0 | 2:02 | 3.0 | 7:54 | 0.8 | 7:49 | 0.9 | 5:49 | 8:07 | |
| 19 | Wed | 2:29 | 3.9 | 3:00 | 3.1 | 8:46 | 0.8 | 8:50 | 0.8 | 5:49 | 8:08 | |
| 20 | Thu | 3:27 | 3.9 | 4:01 | 3.4 | 9:39 | 0.6 | 9:52 | 0.6 | 5:48 | 8:09 | |
| 21 | Fri | 4:26 | 3.9 | 5:00 | 3.7 | 10:31 | 0.4 | 10:55 | 0.4 | 5:47 | 8:10 | |
| 22 | Sat | 5:23 | 3.9 | 5:56 | 4.2 | 11:23 | 0.1 | 11:57 | 0.1 | 5:47 | 8:11 | |
| 23 | Sun | 6:18 | 4.0 | 6:49 | 4.6 | | | 12:14 | -0.2 | 5:46 | 8:11 | |
| 24 | Mon | 7:11 | 4.0 | 7:41 | 5.0 | 12:56 | -0.3 | 1:04 | -0.5 | 5:45 | 8:12 | |
| 25 | Tue | 8:04 | 3.9 | 8:33 | 5.3 | 1:53 | -0.5 | 1:54 | -0.7 | 5:45 | 8:13 | |
| 26 | Wed | 8:57 | 3.9 | 9:25 | 5.4 | 2:47 | -0.7 | 2:44 | -0.8 | 5:44 | 8:14 | |
| 27 | Thu | 9:49 | 3.8 | 10:18 | 5.3 | 3:41 | -0.8 | 3:35 | -0.8 | 5:44 | 8:14 | |
| 28 | Fri | 10:43 | 3.6 | 11:11 | 5.2 | 4:34 | -0.7 | 4:27 | -0.7 | 5:43 | 8:15 | |
| 29 | Sat | 11:36 | 3.5 | | | 5:29 | -0.5 | 5:21 | -0.4 | 5:43 | 8:16 | |
| 30 | Sun | 12:05 | 4.9 | 12:31 | 3.3 | 6:25 | -0.2 | 6:18 | -0.1 | 5:42 | 8:17 | |
| 31 | Mon | 1:00 | 4.5 | 1:28 | 3.2 | 7:23 | 0.0 | 7:19 | 0.2 | 5:42 | 8:17 | |