US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Jun 2021

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:56	4.1	2:29	3.1	8:20	0.2	8:22	0.4	5:42	8:18	
2	Wed	2:55	3.8	3:33	3.1	9:15	0.4	9:26	0.6	5:41	8:19	
3	Thu	3:56	3.5	4:36	3.3	10:07	0.5	10:29	0.7	5:41	8:19	
4	Fri	4:53	3.3	5:30	3.5	10:54	0.5	11:29	0.7	5:41	8:20	
5	Sat	5:43	3.2	6:15	3.7	11:38	0.5			5:40	8:20	
6	Sun	6:29	3.2	6:56	3.9	12:23	0.6	12:18	0.4	5:40	8:21	
7	Mon	7:11	3.1	7:36	4.1	1:10	0.5	12:57	0.4	5:40	8:22	
8	Tue	7:52	3.1	8:16	4.3	1:52	0.4	1:36	0.3	5:40	8:22	
9	Wed	8:33	3.2	8:56	4.4	2:31	0.4	2:15	0.3	5:40	8:23	
10	Thu	9:15	3.2	9:37	4.4	3:09	0.3	2:53	0.3	5:40	8:23	
11	Fri	9:56	3.2	10:18	4.4	3:48	0.3	3:33	0.3	5:40	8:24	
12	Sat	10:38	3.2	11:00	4.4	4:28	0.4	4:13	0.4	5:40	8:24	
13	Sun	11:19	3.1	11:41	4.4	5:09	0.5	4:55	0.5	5:40	8:24	
14	Mon			12:02	3.1	5:53	0.5	5:41	0.5	5:40	8:25	
15	Tue	12:24	4.3	12:48	3.2	6:38	0.6	6:31	0.6	5:40	8:25	
16	Wed	1:10	4.2	1:38	3.3	7:26	0.6	7:27	0.7	5:40	8:26	
17	Thu	1:59	4.0	2:33	3.4	8:15	0.5	8:27	0.7	5:40	8:26	
18	Fri	2:54	3.9	3:32	3.7	9:05	0.3	9:29	0.6	5:40	8:26	
19	Sat	3:52	3.8	4:32	4.0	9:56	0.2	10:33	0.4	5:40	8:27	
20	Sun	4:51	3.7	5:30	4.4	10:49	0.0	11:37	0.2	5:40	8:27	
21	Mon	5:50	3.6	6:26	4.8	11:43	-0.3			5:41	8:27	
22	Tue	6:46	3.6	7:21	5.1	12:39	-0.1	12:37	-0.5	5:41	8:27	
23	Wed	7:42	3.6	8:15	5.2	1:38	-0.3	1:31	-0.7	5:41	8:27	
24	Thu	8:36	3.6	9:09	5.3	2:34	-0.5	2:24	-0.8	5:41	8:27	
25	Fri	9:31	3.6	10:03	5.2	3:27	-0.5	3:17	-0.8	5:42	8:28	
26	Sat	10:24	3.5	10:55	5.0	4:19	-0.5	4:09	-0.7	5:42	8:28	
27	Sun	11:17	3.5	11:46	4.7	5:10	-0.4	5:03	-0.4	5:42	8:28	
28	Mon			12:09	3.4	6:02	-0.2	5:58	-0.2	5:43	8:28	
29	Tue	12:36	4.4	1:02	3.4	6:53	0.0	6:55	0.2	5:43	8:28	
30	Wed	1:26	4.0	1:56	3.3	7:44	0.2	7:53	0.5	5:44	8:28	