

































## Metompkin Inlet, VA - Aug 2021

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:16	3.0	3:56	3.6	9:12	0.8	10:07	1.2	6:06	8:10	
2	Mon	4:11	2.9	4:52	3.7	10:00	0.9	11:05	1.2	6:07	8:09	
3	Tue	5:07	2.8	5:46	3.9	10:51	0.9			6:08	8:08	
4	Wed	6:00	2.9	6:35	4.1	12:00	1.1	11:42 AM	0.8	6:09	8:07	
5	Thu	6:49	3.0	7:22	4.3	12:50	1.0	12:32	0.6	6:09	8:06	
6	Fri	7:35	3.2	8:06	4.5	1:35	0.8	1:19	0.4	6:10	8:05	
7	Sat	8:20	3.4	8:49	4.6	2:16	0.6	2:04	0.2	6:11	8:04	
8	Sun	9:04	3.6	9:31	4.7	2:56	0.5	2:48	0.1	6:12	8:03	
9	Mon	9:47	3.7	10:13	4.8	3:36	0.3	3:32	0.0	6:13	8:02	
10	Tue	10:31	3.9	10:55	4.7	4:16	0.2	4:17	0.0	6:14	8:01	
11	Wed	11:16	4.0	11:38	4.6	4:57	0.1	5:05	0.1	6:15	7:59	
12	Thu			12:02	4.2	5:39	0.1	5:57	0.2	6:15	7:58	
13	Fri	12:22	4.3	12:51	4.3	6:24	0.1	6:53	0.4	6:16	7:57	
14	Sat	1:10	4.0	1:44	4.3	7:13	0.2	7:53	0.5	6:17	7:56	
15	Sun	2:03	3.7	2:43	4.4	8:05	0.2	8:57	0.6	6:18	7:55	
16	Mon	3:02	3.4	3:47	4.4	9:01	0.3	10:03	0.7	6:19	7:53	
17	Tue	4:07	3.2	4:53	4.5	10:01	0.2	11:11	0.6	6:20	7:52	
18	Wed	5:14	3.2	5:57	4.6	11:03	0.1			6:21	7:51	
19	Thu	6:17	3.3	6:57	4.8	12:17	0.5	12:05	0.0	6:21	7:49	
20	Fri	7:14	3.4	7:51	4.8	1:16	0.3	1:05	-0.2	6:22	7:48	
21	Sat	8:07	3.6	8:41	4.9	2:07	0.1	1:59	-0.3	6:23	7:47	
22	Sun	8:57	3.8	9:28	4.8	2:53	0.0	2:49	-0.4	6:24	7:45	
23	Mon	9:44	3.9	10:12	4.6	3:35	-0.1	3:37	-0.3	6:25	7:44	
24	Tue	10:29	4.0	10:54	4.4	4:15	0.0	4:22	-0.2	6:26	7:43	
25	Wed	11:13	4.0	11:35	4.1	4:54	0.1	5:08	0.1	6:27	7:41	
26	Thu	11:56	4.0			5:33	0.3	5:55	0.4	6:27	7:40	
27	Fri	12:15	3.8	12:39	4.0	6:12	0.5	6:43	0.7	6:28	7:38	
28	Sat	12:57	3.5	1:24	3.9	6:53	0.7	7:34	1.0	6:29	7:37	
29	Sun	1:42	3.2	2:14	3.8	7:37	0.9	8:28	1.2	6:30	7:35	
30	Mon	2:32	3.0	3:09	3.7	8:25	1.1	9:24	1.4	6:31	7:34	
31	Tue	3:28	2.9	4:09	3.8	9:16	1.2	10:22	1.4	6:32	7:33	