US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Aug 2021

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**3:16**	3.0	**3:56**	3.6	**9:12**	0.8	**10:07**	1.2	6:06	8:10	
2	Mon	**4:11**	2.9	**4:52**	3.7	**10:00**	0.9	**11:05**	1.2	6:07	8:09	
3	Tue	**5:07**	2.8	**5:46**	3.9	**10:51**	0.9			6:08	8:08	
4	Wed	**6:00**	2.9	**6:35**	4.1	**12:00**	1.1	**11:42 AM**	0.8	6:09	8:07	
5	Thu	**6:49**	3.0	**7:22**	4.3	**12:50**	1.0	**12:32**	0.6	6:09	8:06	
6	Fri	**7:35**	3.2	**8:06**	4.5	**1:35**	0.8	**1:19**	0.4	6:10	8:05	
7	Sat	**8:20**	3.4	**8:49**	4.6	**2:16**	0.6	**2:04**	0.2	6:11	8:04	
8	Sun	**9:04**	3.6	**9:31**	4.7	**2:56**	0.5	**2:48**	0.1	6:12	8:03	
9	Mon	**9:47**	3.7	**10:13**	4.8	**3:36**	0.3	**3:32**	0.0	6:13	8:02	
10	Tue	**10:31**	3.9	**10:55**	4.7	**4:16**	0.2	**4:17**	0.0	6:14	8:01	
11	Wed	**11:16**	4.0	**11:38**	4.6	**4:57**	0.1	**5:05**	0.1	6:15	7:59	
12	Thu			**12:02**	4.2	**5:39**	0.1	**5:57**	0.2	6:15	7:58	
13	Fri	**12:22**	4.3	**12:51**	4.3	**6:24**	0.1	**6:53**	0.4	6:16	7:57	
14	Sat	**1:10**	4.0	**1:44**	4.3	**7:13**	0.2	**7:53**	0.5	6:17	7:56	
15	Sun	**2:03**	3.7	**2:43**	4.4	**8:05**	0.2	**8:57**	0.6	6:18	7:55	
16	Mon	**3:02**	3.4	**3:47**	4.4	**9:01**	0.3	**10:03**	0.7	6:19	7:53	
17	Tue	**4:07**	3.2	**4:53**	4.5	**10:01**	0.2	**11:11**	0.6	6:20	7:52	
18	Wed	**5:14**	3.2	**5:57**	4.6	**11:03**	0.1			6:21	7:51	
19	Thu	**6:17**	3.3	**6:57**	4.8	**12:17**	0.5	**12:05**	0.0	6:21	7:49	
20	Fri	**7:14**	3.4	**7:51**	4.8	**1:16**	0.3	**1:05**	-0.2	6:22	7:48	
21	Sat	**8:07**	3.6	**8:41**	4.9	**2:07**	0.1	**1:59**	-0.3	6:23	7:47	
22	Sun	**8:57**	3.8	**9:28**	4.8	**2:53**	0.0	**2:49**	-0.4	6:24	7:45	
23	Mon	**9:44**	3.9	**10:12**	4.6	**3:35**	-0.1	**3:37**	-0.3	6:25	7:44	
24	Tue	**10:29**	4.0	**10:54**	4.4	**4:15**	0.0	**4:22**	-0.2	6:26	7:43	
25	Wed	**11:13**	4.0	**11:35**	4.1	**4:54**	0.1	**5:08**	0.1	6:27	7:41	
26	Thu	**11:56**	4.0			**5:33**	0.3	**5:55**	0.4	6:27	7:40	
27	Fri	**12:15**	3.8	**12:39**	4.0	**6:12**	0.5	**6:43**	0.7	6:28	7:38	
28	Sat	**12:57**	3.5	**1:24**	3.9	**6:53**	0.7	**7:34**	1.0	6:29	7:37	
29	Sun	**1:42**	3.2	**2:14**	3.8	**7:37**	0.9	**8:28**	1.2	6:30	7:35	
30	Mon	**2:32**	3.0	**3:09**	3.7	**8:25**	1.1	**9:24**	1.4	6:31	7:34	
31	Tue	**3:28**	2.9	**4:09**	3.8	**9:16**	1.2	**10:22**	1.4	6:32	7:33	