US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Sep 2021

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**4:29**	2.9	**5:08**	3.9	**10:11**	1.2	**11:20**	1.4	6:32	7:31	
2	Thu	**5:26**	3.0	**6:02**	4.1	**11:07**	1.0			6:33	7:30	
3	Fri	**6:18**	3.2	**6:51**	4.3	**12:13**	1.2	**12:01**	0.8	6:34	7:28	
4	Sat	**7:06**	3.5	**7:36**	4.6	**1:00**	1.0	**12:52**	0.5	6:35	7:27	
5	Sun	**7:52**	3.7	**8:20**	4.8	**1:43**	0.7	**1:40**	0.3	6:36	7:25	
6	Mon	**8:36**	4.0	**9:03**	4.9	**2:24**	0.4	**2:27**	0.0	6:37	7:24	
7	Tue	**9:21**	4.3	**9:46**	4.9	**3:04**	0.2	**3:13**	-0.1	6:37	7:22	
8	Wed	**10:06**	4.5	**10:29**	4.8	**3:44**	0.0	**4:00**	-0.2	6:38	7:21	
9	Thu	**10:52**	4.7	**11:14**	4.5	**4:25**	-0.1	**4:49**	-0.1	6:39	7:19	
10	Fri	**11:39**	4.8			**5:08**	-0.1	**5:42**	0.1	6:40	7:17	
11	Sat	**12:00**	4.2	**12:29**	4.8	**5:55**	0.0	**6:39**	0.3	6:41	7:16	
12	Sun	**12:50**	3.9	**1:23**	4.7	**6:45**	0.2	**7:40**	0.5	6:42	7:14	
13	Mon	**1:44**	3.6	**2:24**	4.6	**7:41**	0.3	**8:45**	0.7	6:42	7:13	
14	Tue	**2:46**	3.3	**3:31**	4.5	**8:42**	0.5	**9:53**	0.8	6:43	7:11	
15	Wed	**3:56**	3.2	**4:42**	4.5	**9:47**	0.5	**11:02**	0.8	6:44	7:10	
16	Thu	**5:07**	3.2	**5:48**	4.5	**10:53**	0.4			6:45	7:08	
17	Fri	**6:11**	3.4	**6:47**	4.6	**12:07**	0.6	**11:58 AM**	0.3	6:46	7:07	
18	Sat	**7:06**	3.6	**7:37**	4.6	**1:01**	0.4	**12:56**	0.1	6:47	7:05	
19	Sun	**7:54**	3.8	**8:22**	4.6	**1:47**	0.3	**1:48**	0.0	6:48	7:03	
20	Mon	**8:39**	4.0	**9:04**	4.5	**2:28**	0.2	**2:35**	-0.1	6:48	7:02	
21	Tue	**9:21**	4.2	**9:44**	4.3	**3:05**	0.1	**3:19**	-0.1	6:49	7:00	
22	Wed	**10:01**	4.3	**10:23**	4.2	**3:40**	0.1	**4:01**	0.1	6:50	6:59	
23	Thu	**10:41**	4.4	**11:02**	3.9	**4:15**	0.3	**4:42**	0.3	6:51	6:57	
24	Fri	**11:21**	4.3	**11:41**	3.7	**4:51**	0.4	**5:25**	0.5	6:52	6:56	
25	Sat			**12:02**	4.2	**5:28**	0.7	**6:09**	0.8	6:53	6:54	
26	Sun	**12:22**	3.4	**12:46**	4.1	**6:07**	0.9	**6:57**	1.1	6:53	6:53	
27	Mon	**1:05**	3.2	**1:33**	4.0	**6:51**	1.1	**7:49**	1.3	6:54	6:51	
28	Tue	**1:53**	3.0	**2:26**	3.9	**7:41**	1.3	**8:45**	1.5	6:55	6:50	
29	Wed	**2:49**	2.9	**3:26**	3.8	**8:36**	1.4	**9:42**	1.5	6:56	6:48	
30	Thu	**3:51**	2.9	**4:28**	3.9	**9:34**	1.3	**10:39**	1.4	6:57	6:46	