US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Jan 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:50	4.9	7:08	3.3	12:03	-0.8	1:07	-0.6	7:17	4:54	
2	Sun	7:44	5.0	8:02	3.3	12:58	-1.1	2:01	-0.7	7:17	4:55	
3	Mon	8:39	5.1	8:56	3.4	1:51	-1.2	2:53	-0.8	7:17	4:56	
4	Tue	9:32	4.9	9:50	3.4	2:44	-1.2	3:44	-0.7	7:17	4:57	
5	Wed	10:23	4.7	10:43	3.3	3:38	-1.1	4:35	-0.6	7:17	4:57	
6	Thu	11:13	4.4	11:35	3.3	4:32	-0.8	5:26	-0.5	7:17	4:58	
7	Fri			12:03	4.0	5:28	-0.5	6:17	-0.3	7:17	4:59	
8	Sat	12:29	3.2	12:53	3.6	6:27	-0.1	7:06	-0.1	7:17	5:00	
9	Sun	1:26	3.2	1:45	3.2	7:27	0.2	7:54	0.0	7:17	5:01	
10	Mon	2:24	3.2	2:39	2.8	8:28	0.4	8:42	0.2	7:17	5:02	
11	Tue	3:24	3.2	3:35	2.6	9:30	0.6	9:29	0.2	7:17	5:03	
12	Wed	4:19	3.3	4:29	2.5	10:31	0.6	10:17	0.2	7:16	5:04	
13	Thu	5:09	3.5	5:19	2.5	11:27	0.6	11:05	0.2	7:16	5:05	
14	Fri	5:56	3.6	6:05	2.6			12:15	0.5	7:16	5:06	
15	Sat	6:39	3.8	6:49	2.7			12:57	0.4	7:16	5:07	
16	Sun	7:22	3.9	7:31	2.8	12:35	-0.1	1:35	0.3	7:15	5:08	
17	Mon	8:04	4.1	8:13	2.9	1:17	-0.2	2:12	0.2	7:15	5:09	
18	Tue	8:45	4.2	8:55	3.0	1:57	-0.3	2:49	0.1	7:14	5:10	
19	Wed	9:24	4.2	9:36	3.1	2:37	-0.3	3:27	0.1	7:14	5:11	
20	Thu	10:03	4.2	10:17	3.1	3:18	-0.3	4:06	0.1	7:14	5:12	
21	Fri	10:42	4.1	10:59	3.2	4:00	-0.2	4:45	0.0	7:13	5:13	
22	Sat	11:22	3.9	11:44	3.3	4:46	-0.1	5:27	0.0	7:12	5:15	
23	Sun			12:05	3.7	5:37	0.1	6:11	0.0	7:12	5:16	
24	Mon	12:33	3.4	12:52	3.4	6:33	0.2	6:58	0.0	7:11	5:17	
25	Tue	1:27	3.6	1:46	3.2	7:34	0.2	7:50	-0.1	7:11	5:18	
26	Wed	2:28	3.7	2:48	3.0	8:38	0.3	8:46	-0.2	7:10	5:19	
27	Thu	3:33	3.9	3:52	2.9	9:45	0.2	9:45	-0.3	7:09	5:20	
28	Fri	4:37	4.2	4:56	2.9	10:53	0.0	10:47	-0.5	7:09	5:21	
29	Sat	5:39	4.4	5:56	3.0	11:57	-0.2	11:48	-0.8	7:08	5:22	
30	Sun	6:37	4.6	6:54	3.1			12:55	-0.5	7:07	5:23	
31	Mon	7:33	4.7	7:48	3.3	12:46	-1.1	1:47	-0.7	7:06	5:25	