

































Metompkin Inlet, VA - Mar 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:20	4.4	7:34	3.5	12:36	-0.8	1:29	-0.5	6:33	5:55	
2	Wed	8:08	4.4	8:23	3.7	1:29	-1.0	2:12	-0.6	6:31	5:56	
3	Thu	8:54	4.3	9:09	3.8	2:19	-1.0	2:54	-0.6	6:30	5:57	
4	Fri	9:36	4.1	9:53	3.9	3:06	-0.9	3:33	-0.6	6:29	5:58	
5	Sat	10:18	3.9	10:36	3.9	3:52	-0.7	4:12	-0.4	6:27	5:59	
6	Sun	10:59	3.5	11:19	3.8	4:38	-0.4	4:52	-0.2	6:26	6:00	
7	Mon	11:40	3.2			5:25	0.0	5:33	0.1	6:24	6:01	
8	Tue	12:03	3.6	12:23	2.9	6:15	0.3	6:16	0.4	6:23	6:02	
9	Wed	12:51	3.5	1:11	2.6	7:07	0.6	7:04	0.6	6:21	6:03	
10	Thu	1:45	3.3	2:05	2.5	8:02	0.9	7:56	0.7	6:20	6:04	
11	Fri	2:46	3.3	3:06	2.4	9:01	1.0	8:53	0.8	6:18	6:05	
12	Sat	3:50	3.3	4:07	2.5	10:02	1.0	9:52	0.7	6:17	6:06	
13	Sun	5:49	3.5	6:02	2.7	11:58	0.9	11:48	0.5	7:15	7:07	
14	Mon	6:40	3.7	6:51	3.0			12:46	0.7	7:14	7:08	
15	Tue	7:25	3.9	7:36	3.3	12:40	0.2	1:28	0.5	7:12	7:09	
16	Wed	8:07	4.1	8:19	3.6	1:27	0.0	2:07	0.2	7:11	7:10	
17	Thu	8:48	4.2	9:02	3.9	2:12	-0.3	2:45	0.0	7:09	7:11	
18	Fri	9:29	4.2	9:44	4.1	2:56	-0.5	3:22	-0.2	7:08	7:12	
19	Sat	10:10	4.2	10:27	4.3	3:41	-0.6	4:01	-0.3	7:06	7:13	
20	Sun	10:52	4.0	11:11	4.5	4:26	-0.6	4:41	-0.3	7:05	7:14	
21	Mon	11:35	3.8	11:58	4.5	5:15	-0.4	5:24	-0.3	7:03	7:15	
22	Tue			12:21	3.5	6:07	-0.2	6:12	-0.2	7:02	7:16	
23	Wed	12:48	4.4	1:11	3.2	7:04	0.0	7:05	0.0	7:00	7:16	
24	Thu	1:45	4.3	2:09	3.0	8:06	0.2	8:04	0.1	6:59	7:17	
25	Fri	2:49	4.1	3:15	2.8	9:12	0.4	9:09	0.2	6:57	7:18	
26	Sat	4:00	4.0	4:27	2.8	10:21	0.4	10:18	0.1	6:56	7:19	
27	Sun	5:12	4.0	5:37	3.0	11:28	0.3	11:26	0.0	6:54	7:20	
28	Mon	6:16	4.1	6:37	3.3			12:28	0.1	6:53	7:21	
29	Tue	7:12	4.1	7:30	3.6	12:30	-0.3	1:19	-0.1	6:51	7:22	
30	Wed	8:01	4.1	8:17	3.8	1:27	-0.5	2:03	-0.3	6:50	7:23	
31	Thu	8:45	4.1	9:02	4.0	2:18	-0.6	2:43	-0.4	6:48	7:24	