
































Metompkin Inlet, VA - Jun 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:32	3.1	10:54	4.3	4:25	0.3	4:08	0.3	5:42	8:18	
2	Thu	11:13	3.0	11:35	4.2	5:05	0.5	4:49	0.5	5:41	8:18	
3	Fri	11:55	3.0			5:47	0.6	5:32	0.6	5:41	8:19	
4	Sat	12:18	4.1	12:39	2.9	6:31	0.8	6:18	0.8	5:41	8:20	
5	Sun	1:02	3.9	1:26	3.0	7:17	0.9	7:09	0.9	5:41	8:20	
6	Mon	1:48	3.8	2:17	3.0	8:03	0.9	8:04	1.0	5:40	8:21	
7	Tue	2:38	3.7	3:11	3.2	8:49	0.8	9:01	0.9	5:40	8:21	
8	Wed	3:31	3.6	4:08	3.5	9:36	0.7	10:00	0.8	5:40	8:22	
9	Thu	4:26	3.6	5:02	3.9	10:24	0.5	11:01	0.6	5:40	8:23	
10	Fri	5:21	3.6	5:55	4.3	11:14	0.2			5:40	8:23	
11	Sat	6:14	3.6	6:47	4.7	12:01	0.3	12:04	0.0	5:40	8:24	
12	Sun	7:07	3.6	7:39	5.1	12:59	0.0	12:56	-0.3	5:40	8:24	
13	Mon	8:00	3.6	8:31	5.3	1:54	-0.3	1:48	-0.5	5:40	8:24	
14	Tue	8:53	3.6	9:25	5.4	2:48	-0.5	2:39	-0.7	5:40	8:25	
15	Wed	9:47	3.6	10:19	5.4	3:41	-0.5	3:32	-0.7	5:40	8:25	
16	Thu	10:42	3.6	11:13	5.2	4:35	-0.5	4:26	-0.7	5:40	8:26	
17	Fri	11:37	3.5			5:29	-0.4	5:23	-0.5	5:40	8:26	
18	Sat	12:07	4.9	12:33	3.5	6:25	-0.3	6:22	-0.2	5:40	8:26	
19	Sun	1:02	4.6	1:32	3.5	7:21	-0.1	7:25	0.0	5:40	8:26	
20	Mon	1:58	4.2	2:33	3.5	8:15	0.0	8:30	0.3	5:40	8:27	
21	Tue	2:56	3.8	3:37	3.5	9:08	0.1	9:35	0.5	5:41	8:27	
22	Wed	3:55	3.4	4:39	3.6	9:59	0.2	10:40	0.6	5:41	8:27	
23	Thu	4:53	3.2	5:34	3.8	10:48	0.3	11:43	0.6	5:41	8:27	
24	Fri	5:46	3.0	6:22	4.0	11:34	0.3			5:41	8:27	
25	Sat	6:34	3.0	7:05	4.1	12:40	0.5	12:19	0.3	5:42	8:28	
26	Sun	7:18	2.9	7:47	4.2	1:28	0.5	1:03	0.3	5:42	8:28	
27	Mon	8:01	3.0	8:28	4.3	2:10	0.4	1:44	0.3	5:42	8:28	
28	Tue	8:43	3.0	9:09	4.3	2:48	0.4	2:25	0.3	5:43	8:28	
29	Wed	9:25	3.1	9:51	4.4	3:25	0.4	3:05	0.3	5:43	8:28	
30	Thu	10:07	3.1	10:32	4.3	4:03	0.4	3:45	0.3	5:44	8:28	