



Metompkin Inlet, VA - Jul 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:49	3.1	11:12	4.3	4:41	0.5	4:25	0.4	5:44	8:28	☀
2	Sat	11:30	3.2	11:52	4.2	5:20	0.6	5:07	0.5	5:45	8:27	☀
3	Sun			12:12	3.2	6:00	0.6	5:52	0.6	5:45	8:27	☀
4	Mon	12:32	4.1	12:56	3.3	6:41	0.6	6:41	0.7	5:46	8:27	☀
5	Tue	1:14	3.9	1:43	3.4	7:24	0.6	7:34	0.8	5:46	8:27	☀
6	Wed	1:59	3.7	2:34	3.6	8:08	0.6	8:31	0.8	5:47	8:27	☀
7	Thu	2:50	3.6	3:30	3.8	8:55	0.5	9:31	0.8	5:47	8:26	☀
8	Fri	3:46	3.4	4:28	4.1	9:44	0.3	10:34	0.6	5:48	8:26	☀
9	Sat	4:45	3.4	5:26	4.5	10:37	0.2	11:37	0.4	5:48	8:26	☀
10	Sun	5:44	3.3	6:23	4.8	11:33	-0.1			5:49	8:26	☀
11	Mon	6:42	3.4	7:19	5.1	12:39	0.2	12:31	-0.3	5:50	8:25	☀
12	Tue	7:39	3.5	8:15	5.3	1:38	-0.1	1:28	-0.6	5:50	8:25	☀
13	Wed	8:35	3.6	9:10	5.4	2:33	-0.3	2:23	-0.7	5:51	8:24	☀
14	Thu	9:30	3.7	10:04	5.3	3:26	-0.4	3:18	-0.8	5:52	8:24	☀
15	Fri	10:25	3.7	10:57	5.1	4:17	-0.5	4:12	-0.8	5:52	8:23	☀
16	Sat	11:19	3.8	11:48	4.8	5:08	-0.4	5:08	-0.6	5:53	8:23	☀
17	Sun			12:13	3.8	5:59	-0.3	6:05	-0.3	5:54	8:22	☀
18	Mon	12:38	4.4	1:07	3.8	6:49	-0.2	7:04	0.0	5:55	8:22	☀
19	Tue	1:28	4.0	2:02	3.7	7:39	0.0	8:05	0.4	5:55	8:21	☀
20	Wed	2:20	3.6	3:00	3.7	8:28	0.2	9:07	0.6	5:56	8:20	☀
21	Thu	3:15	3.2	3:59	3.7	9:17	0.4	10:11	0.8	5:57	8:20	☀
22	Fri	4:13	2.9	4:57	3.8	10:05	0.5	11:14	0.9	5:58	8:19	☀
23	Sat	5:10	2.8	5:50	3.9	10:55	0.6			5:58	8:18	☀
24	Sun	6:02	2.8	6:38	4.0	12:14	0.9	11:45 AM	0.6	5:59	8:18	☀
25	Mon	6:50	2.9	7:23	4.1	1:04	0.8	12:33	0.5	6:00	8:17	☀
26	Tue	7:35	3.0	8:06	4.2	1:47	0.8	1:19	0.4	6:01	8:16	☀
27	Wed	8:18	3.1	8:48	4.4	2:25	0.7	2:02	0.3	6:02	8:15	☀
28	Thu	9:00	3.2	9:29	4.4	3:01	0.6	2:43	0.3	6:03	8:14	☀
29	Fri	9:42	3.3	10:08	4.5	3:36	0.5	3:23	0.2	6:03	8:13	☀
30	Sat	10:23	3.4	10:47	4.4	4:12	0.5	4:04	0.3	6:04	8:12	☀
31	Sun	11:03	3.5	11:24	4.3	4:48	0.5	4:45	0.4	6:05	8:12	☀