

































Metompkin Inlet, VA - Aug 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:44	3.6			5:26	0.5	5:29	0.5	6:06	8:11	
2	Tue	12:03	4.2	12:26	3.7	6:04	0.5	6:17	0.6	6:07	8:10	
3	Wed	12:43	4.0	1:11	3.9	6:45	0.5	7:10	0.7	6:08	8:09	
4	Thu	1:26	3.7	2:01	4.0	7:30	0.5	8:07	0.8	6:08	8:08	
5	Fri	2:17	3.5	2:57	4.1	8:18	0.5	9:08	0.8	6:09	8:07	
6	Sat	3:14	3.3	3:59	4.3	9:12	0.4	10:13	0.8	6:10	8:05	
7	Sun	4:18	3.2	5:03	4.5	10:10	0.3	11:19	0.6	6:11	8:04	
8	Mon	5:23	3.2	6:06	4.8	11:12	0.1			6:12	8:03	
9	Tue	6:25	3.3	7:05	5.0	12:23	0.4	12:14	-0.2	6:13	8:02	
10	Wed	7:23	3.5	8:01	5.2	1:23	0.1	1:14	-0.4	6:14	8:01	
11	Thu	8:19	3.7	8:55	5.2	2:17	-0.1	2:11	-0.7	6:14	8:00	
12	Fri	9:14	3.9	9:47	5.2	3:07	-0.3	3:05	-0.8	6:15	7:59	
13	Sat	10:06	4.1	10:36	5.0	3:54	-0.4	3:58	-0.7	6:16	7:57	
14	Sun	10:57	4.2	11:23	4.6	4:40	-0.4	4:51	-0.5	6:17	7:56	
15	Mon	11:47	4.2			5:26	-0.3	5:44	-0.2	6:18	7:55	
16	Tue	12:09	4.3	12:36	4.1	6:11	-0.1	6:39	0.2	6:19	7:54	
17	Wed	12:55	3.8	1:25	4.0	6:57	0.2	7:35	0.5	6:20	7:52	
18	Thu	1:43	3.4	2:18	3.9	7:44	0.5	8:34	0.9	6:20	7:51	
19	Fri	2:34	3.1	3:15	3.8	8:32	0.7	9:35	1.1	6:21	7:50	
20	Sat	3:32	2.9	4:16	3.8	9:24	0.9	10:38	1.2	6:22	7:48	
21	Sun	4:32	2.8	5:16	3.8	10:17	1.0	11:40	1.2	6:23	7:47	
22	Mon	5:31	2.8	6:10	3.9	11:12	0.9			6:24	7:46	
23	Tue	6:22	2.9	6:58	4.1	12:33	1.2	12:05	0.8	6:25	7:44	
24	Wed	7:09	3.1	7:41	4.3	1:16	1.0	12:54	0.6	6:25	7:43	
25	Thu	7:52	3.3	8:22	4.4	1:54	0.9	1:39	0.5	6:26	7:42	
26	Fri	8:34	3.6	9:01	4.5	2:29	0.7	2:21	0.3	6:27	7:40	
27	Sat	9:14	3.8	9:39	4.6	3:03	0.6	3:01	0.3	6:28	7:39	
28	Sun	9:55	3.9	10:17	4.5	3:38	0.4	3:42	0.2	6:29	7:37	
29	Mon	10:35	4.1	10:55	4.4	4:13	0.4	4:24	0.3	6:30	7:36	
30	Tue	11:15	4.2	11:34	4.2	4:49	0.4	5:08	0.4	6:31	7:34	
31	Wed	11:57	4.3			5:28	0.4	5:57	0.5	6:31	7:33	