US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Dec 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:27	3.3	2:54	3.8	8:20	0.3	9:06	0.1	6:58	4:44	
2	Fri	3:36	3.4	3:56	3.6	9:28	0.3	9:59	0.1	6:59	4:43	
3	Sat	4:37	3.7	4:52	3.4	10:34	0.3	10:48	0.0	7:00	4:43	
4	Sun	5:29	3.9	5:42	3.3	11:34	0.2	11:34	-0.1	7:01	4:43	
5	Mon	6:14	4.1	6:27	3.2			12:27	0.1	7:02	4:43	
6	Tue	6:56	4.3	7:09	3.1	12:16	-0.1	1:13	0.0	7:03	4:43	
7	Wed	7:37	4.3	7:51	3.1	12:57	-0.2	1:54	0.0	7:04	4:43	
8	Thu	8:18	4.4	8:32	3.0	1:36	-0.1	2:33	0.1	7:05	4:43	
9	Fri	8:59	4.3	9:13	3.0	2:15	-0.1	3:12	0.2	7:05	4:43	
10	Sat	9:40	4.3	9:55	2.9	2:54	0.0	3:52	0.3	7:06	4:43	
11	Sun	10:22	4.1	10:37	2.9	3:34	0.2	4:33	0.5	7:07	4:44	
12	Mon	11:04	4.0	11:21	2.8	4:16	0.3	5:16	0.6	7:08	4:44	
13	Tue	11:47	3.8			5:01	0.5	6:01	0.7	7:08	4:44	
14	Wed	12:07	2.8	12:32	3.7	5:50	0.7	6:46	0.7	7:09	4:44	
15	Thu	12:56	2.8	1:19	3.5	6:43	0.8	7:31	0.7	7:10	4:44	
16	Fri	1:50	3.0	2:10	3.4	7:39	0.8	8:17	0.6	7:10	4:45	
17	Sat	2:46	3.2	3:03	3.3	8:37	0.8	9:03	0.4	7:11	4:45	
18	Sun	3:42	3.5	3:57	3.3	9:37	0.6	9:52	0.2	7:12	4:45	
19	Mon	4:35	3.9	4:51	3.3	10:36	0.4	10:41	-0.1	7:12	4:46	
20	Tue	5:26	4.3	5:43	3.3	11:34	0.1	11:32	-0.3	7:13	4:46	
21	Wed	6:17	4.7	6:34	3.4			12:29	-0.2	7:13	4:47	
22	Thu	7:08	4.9	7:26	3.4	12:23	-0.6	1:23	-0.4	7:14	4:47	
23	Fri	8:01	5.1	8:18	3.5	1:15	-0.9	2:15	-0.6	7:14	4:48	
24	Sat	8:53	5.2	9:12	3.5	2:06	-1.0	3:07	-0.6	7:15	4:48	
25	Sun	9:47	5.1	10:06	3.4	2:58	-1.0	3:59	-0.6	7:15	4:49	
26	Mon	10:40	4.9	11:01	3.4	3:53	-0.9	4:53	-0.5	7:15	4:50	
27	Tue	11:33	4.6	11:57	3.3	4:50	-0.7	5:48	-0.4	7:16	4:50	
28	Wed			12:27	4.2	5:51	-0.4	6:43	-0.3	7:16	4:51	
29	Thu	12:57	3.3	1:23	3.7	6:55	-0.2	7:37	-0.2	7:16	4:52	
30	Fri	2:01	3.3	2:22	3.3	8:01	0.1	8:30	-0.1	7:17	4:52	
31	Sat	3:07	3.4	3:23	3.0	9:08	0.2	9:18	-0.1	7:17	4:53	