































Metompkin Inlet, VA - Feb 2023

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 5:26 | 3.5 | 5:34 | 2.4 | 11:52 | 0.5 | 11:21 | 0.1 | 7:06 | 5:25 |  |
| 2 | Thu | 6:15 | 3.6 | 6:20 | 2.5 | | | 12:38 | 0.4 | 7:05 | 5:26 |  |
| 3 | Fri | 6:59 | 3.7 | 7:03 | 2.7 | 12:09 | 0.0 | 1:17 | 0.3 | 7:04 | 5:28 |  |
| 4 | Sat | 7:40 | 3.9 | 7:45 | 2.8 | 12:53 | -0.2 | 1:51 | 0.2 | 7:03 | 5:29 |  |
| 5 | Sun | 8:19 | 4.0 | 8:26 | 3.0 | 1:34 | -0.3 | 2:24 | 0.2 | 7:02 | 5:30 |  |
| 6 | Mon | 8:57 | 4.0 | 9:05 | 3.1 | 2:13 | -0.3 | 2:57 | 0.1 | 7:01 | 5:31 |  |
| 7 | Tue | 9:33 | 4.0 | 9:45 | 3.2 | 2:51 | -0.3 | 3:31 | 0.1 | 7:00 | 5:32 |  |
| 8 | Wed | 10:09 | 3.9 | 10:23 | 3.3 | 3:30 | -0.2 | 4:05 | 0.1 | 6:59 | 5:33 |  |
| 9 | Thu | 10:45 | 3.7 | 11:02 | 3.4 | 4:11 | -0.1 | 4:41 | 0.1 | 6:58 | 5:34 |  |
| 10 | Fri | 11:22 | 3.5 | 11:43 | 3.5 | 4:54 | 0.1 | 5:18 | 0.2 | 6:57 | 5:35 |  |
| 11 | Sat | | | 12:02 | 3.3 | 5:42 | 0.2 | 5:59 | 0.2 | 6:56 | 5:36 |  |
| 12 | Sun | 12:29 | 3.5 | 12:46 | 3.1 | 6:35 | 0.4 | 6:45 | 0.2 | 6:55 | 5:37 |  |
| 13 | Mon | 1:21 | 3.6 | 1:40 | 2.8 | 7:34 | 0.5 | 7:38 | 0.2 | 6:54 | 5:39 |  |
| 14 | Tue | 2:23 | 3.7 | 2:43 | 2.7 | 8:38 | 0.5 | 8:37 | 0.1 | 6:52 | 5:40 |  |
| 15 | Wed | 3:30 | 3.9 | 3:50 | 2.7 | 9:45 | 0.4 | 9:40 | -0.1 | 6:51 | 5:41 |  |
| 16 | Thu | 4:36 | 4.1 | 4:55 | 2.9 | 10:52 | 0.2 | 10:45 | -0.4 | 6:50 | 5:42 |  |
| 17 | Fri | 5:38 | 4.4 | 5:55 | 3.1 | 11:54 | -0.1 | 11:48 | -0.7 | 6:49 | 5:43 |  |
| 18 | Sat | 6:36 | 4.6 | 6:52 | 3.4 | | | 12:50 | -0.4 | 6:48 | 5:44 |  |
| 19 | Sun | 7:31 | 4.8 | 7:47 | 3.6 | 12:46 | -1.1 | 1:40 | -0.7 | 6:46 | 5:45 |  |
| 20 | Mon | 8:22 | 4.8 | 8:39 | 3.9 | 1:41 | -1.3 | 2:27 | -0.9 | 6:45 | 5:46 |  |
| 21 | Tue | 9:12 | 4.7 | 9:30 | 4.1 | 2:34 | -1.4 | 3:13 | -1.0 | 6:44 | 5:47 |  |
| 22 | Wed | 9:59 | 4.4 | 10:19 | 4.1 | 3:26 | -1.3 | 3:57 | -0.9 | 6:43 | 5:48 |  |
| 23 | Thu | 10:45 | 4.0 | 11:08 | 4.1 | 4:18 | -1.0 | 4:42 | -0.7 | 6:41 | 5:49 |  |
| 24 | Fri | 11:31 | 3.6 | 11:57 | 3.9 | 5:12 | -0.6 | 5:28 | -0.5 | 6:40 | 5:50 |  |
| 25 | Sat | | | 12:17 | 3.2 | 6:07 | -0.2 | 6:15 | -0.2 | 6:39 | 5:51 |  |
| 26 | Sun | 12:49 | 3.7 | 1:07 | 2.8 | 7:05 | 0.2 | 7:05 | 0.1 | 6:37 | 5:52 |  |
| 27 | Mon | 1:45 | 3.5 | 2:03 | 2.5 | 8:06 | 0.5 | 7:59 | 0.3 | 6:36 | 5:53 |  |
| 28 | Tue | 2:48 | 3.4 | 3:06 | 2.4 | 9:11 | 0.7 | 8:57 | 0.5 | 6:35 | 5:54 |  |