US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Apr 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:11	3.5	6:23	3.0			12:19	0.9	6:47	7:24	
2	Sun	6:56	3.6	7:08	3.3	12:14	0.5	12:58	0.7	6:46	7:25	
3	Mon	7:36	3.8	7:49	3.6	1:02	0.3	1:34	0.5	6:44	7:26	
4	Tue	8:15	3.9	8:29	3.9	1:45	0.1	2:08	0.3	6:43	7:27	
5	Wed	8:53	3.9	9:08	4.1	2:26	0.0	2:43	0.1	6:41	7:28	
6	Thu	9:32	3.9	9:47	4.3	3:07	-0.2	3:18	0.0	6:40	7:29	
7	Fri	10:10	3.8	10:27	4.5	3:49	-0.2	3:54	0.0	6:38	7:30	
8	Sat	10:50	3.6	11:09	4.5	4:32	-0.1	4:32	0.0	6:37	7:31	
9	Sun	11:32	3.5	11:54	4.5	5:17	0.0	5:14	0.1	6:35	7:32	
10	Mon			12:17	3.3	6:08	0.2	6:01	0.2	6:34	7:33	
11	Tue	12:43	4.4	1:07	3.1	7:03	0.4	6:56	0.3	6:32	7:34	
12	Wed	1:40	4.3	2:05	2.9	8:03	0.5	7:58	0.4	6:31	7:34	
13	Thu	2:43	4.1	3:12	2.9	9:07	0.6	9:05	0.4	6:30	7:35	
14	Fri	3:53	4.1	4:23	3.0	10:12	0.5	10:14	0.2	6:28	7:36	
15	Sat	5:01	4.1	5:30	3.3	11:13	0.3	11:22	0.0	6:27	7:37	
16	Sun	6:03	4.1	6:29	3.7			12:09	0.0	6:25	7:38	
17	Mon	6:58	4.2	7:22	4.1	12:26	-0.3	1:00	-0.2	6:24	7:39	
18	Tue	7:49	4.1	8:11	4.4	1:24	-0.5	1:46	-0.4	6:23	7:40	
19	Wed	8:36	4.0	8:58	4.6	2:17	-0.7	2:29	-0.5	6:21	7:41	
20	Thu	9:22	3.9	9:43	4.7	3:07	-0.7	3:10	-0.5	6:20	7:42	
21	Fri	10:06	3.7	10:27	4.7	3:54	-0.6	3:51	-0.4	6:19	7:43	
22	Sat	10:50	3.4	11:11	4.5	4:40	-0.4	4:33	-0.2	6:17	7:44	
23	Sun	11:34	3.2	11:56	4.3	5:26	-0.1	5:16	0.1	6:16	7:44	
24	Mon			12:18	3.0	6:14	0.2	6:02	0.4	6:15	7:45	
25	Tue	12:43	4.0	1:04	2.8	7:04	0.6	6:51	0.6	6:13	7:46	
26	Wed	1:33	3.8	1:55	2.7	7:57	0.9	7:45	0.8	6:12	7:47	
27	Thu	2:28	3.6	2:53	2.7	8:51	1.0	8:43	1.0	6:11	7:48	
28	Fri	3:28	3.4	3:54	2.7	9:45	1.1	9:42	1.0	6:10	7:49	
29	Sat	4:28	3.4	4:54	2.9	10:36	1.1	10:40	0.9	6:09	7:50	
30	Sun	5:22	3.5	5:45	3.2	11:22	0.9	11:35	0.8	6:07	7:51	