US HARBORS www.USHarbors.com

Metompkin Inlet, VA - May 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**6:10**	3.5	**6:31**	3.6			**12:04**	0.8	6:06	7:52	
2	Tue	**6:53**	3.6	**7:13**	3.9	**12:27**	0.6	**12:44**	0.5	6:05	7:53	
3	Wed	**7:35**	3.7	**7:55**	4.3	**1:14**	0.3	**1:24**	0.3	6:04	7:54	
4	Thu	**8:17**	3.7	**8:37**	4.5	**2:00**	0.1	**2:03**	0.1	6:03	7:55	
5	Fri	**8:59**	3.7	**9:19**	4.8	**2:44**	-0.1	**2:42**	0.0	6:02	7:55	
6	Sat	**9:42**	3.6	**10:03**	4.9	**3:29**	-0.2	**3:23**	-0.1	6:01	7:56	
7	Sun	**10:27**	3.5	**10:50**	4.9	**4:15**	-0.2	**4:07**	-0.1	6:00	7:57	
8	Mon	**11:14**	3.4	**11:39**	4.8	**5:03**	-0.1	**4:54**	0.0	5:59	7:58	
9	Tue			**12:03**	3.3	**5:56**	0.1	**5:46**	0.1	5:58	7:59	
10	Wed	**12:32**	4.7	**12:57**	3.2	**6:53**	0.2	**6:45**	0.2	5:57	8:00	
11	Thu	**1:28**	4.5	**1:57**	3.1	**7:52**	0.3	**7:49**	0.3	5:56	8:01	
12	Fri	**2:30**	4.3	**3:03**	3.2	**8:52**	0.3	**8:56**	0.3	5:55	8:02	
13	Sat	**3:35**	4.1	**4:12**	3.4	**9:51**	0.3	**10:04**	0.3	5:54	8:03	
14	Sun	**4:40**	3.9	**5:16**	3.7	**10:47**	0.2	**11:11**	0.2	5:53	8:03	
15	Mon	**5:40**	3.8	**6:13**	4.0	**11:40**	0.0			5:52	8:04	
16	Tue	**6:34**	3.7	**7:04**	4.3	**12:15**	0.0	**12:29**	-0.2	5:51	8:05	
17	Wed	**7:23**	3.6	**7:51**	4.5	**1:13**	-0.1	**1:15**	-0.3	5:51	8:06	
18	Thu	**8:10**	3.5	**8:36**	4.7	**2:05**	-0.3	**1:59**	-0.3	5:50	8:07	
19	Fri	**8:56**	3.4	**9:20**	4.7	**2:52**	-0.3	**2:41**	-0.3	5:49	8:08	
20	Sat	**9:40**	3.3	**10:03**	4.6	**3:37**	-0.2	**3:22**	-0.2	5:48	8:09	
21	Sun	**10:24**	3.2	**10:47**	4.5	**4:20**	-0.1	**4:04**	0.0	5:48	8:09	
22	Mon	**11:07**	3.1	**11:31**	4.3	**5:04**	0.2	**4:47**	0.2	5:47	8:10	
23	Tue	**11:51**	3.0			**5:48**	0.4	**5:31**	0.4	5:46	8:11	
24	Wed	**12:16**	4.1	**12:36**	2.9	**6:34**	0.6	**6:19**	0.7	5:46	8:12	
25	Thu	**1:03**	3.9	**1:25**	2.8	**7:22**	0.8	**7:11**	0.8	5:45	8:13	
26	Fri	**1:51**	3.7	**2:17**	2.8	**8:10**	0.9	**8:05**	1.0	5:45	8:13	
27	Sat	**2:43**	3.5	**3:13**	2.9	**8:56**	1.0	**9:01**	1.0	5:44	8:14	
28	Sun	**3:36**	3.4	**4:09**	3.1	**9:42**	0.9	**9:58**	1.0	5:44	8:15	
29	Mon	**4:29**	3.4	**5:02**	3.4	**10:26**	0.8	**10:54**	0.9	5:43	8:16	
30	Tue	**5:20**	3.4	**5:50**	3.8	**11:11**	0.7	**11:49**	0.7	5:43	8:16	
31	Wed	**6:08**	3.4	**6:36**	4.2	**11:55**	0.5			5:42	8:17	