US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Oct 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:29	5.1	10:51	4.2	3:57	-0.4	4:36	-0.4	6:57	6:46	
2	Mon	11:17	5.0	11:38	3.8	4:41	-0.3	5:28	0.0	6:58	6:44	
3	Tue			12:06	4.8	5:26	0.0	6:22	0.3	6:59	6:43	
4	Wed	12:26	3.5	12:56	4.5	6:15	0.4	7:19	0.7	7:00	6:41	
5	Thu	1:16	3.2	1:51	4.2	7:07	0.7	8:20	1.0	7:01	6:40	
6	Fri	2:12	2.9	2:52	4.0	8:04	1.0	9:25	1.2	7:02	6:38	
7	Sat	3:16	2.8	3:59	3.8	9:05	1.1	10:29	1.3	7:03	6:37	
8	Sun	4:24	2.9	5:04	3.8	10:07	1.2	11:25	1.3	7:04	6:35	
9	Mon	5:25	3.0	5:56	3.9	11:07	1.1			7:05	6:34	
10	Tue	6:14	3.3	6:40	4.0	12:10	1.2	12:00	0.9	7:05	6:32	
11	Wed	6:56	3.6	7:19	4.1	12:46	1.0	12:47	0.8	7:06	6:31	
12	Thu	7:35	3.9	7:56	4.1	1:19	0.8	1:30	0.6	7:07	6:29	
13	Fri	8:13	4.2	8:33	4.1	1:51	0.6	2:11	0.5	7:08	6:28	
14	Sat	8:51	4.4	9:10	4.1	2:24	0.5	2:50	0.4	7:09	6:27	
15	Sun	9:30	4.6	9:48	4.0	2:58	0.4	3:30	0.4	7:10	6:25	
16	Mon	10:08	4.7	10:27	3.8	3:33	0.4	4:11	0.4	7:11	6:24	
17	Tue	10:49	4.7	11:07	3.7	4:09	0.4	4:55	0.5	7:12	6:22	
18	Wed	11:32	4.7	11:50	3.5	4:48	0.5	5:43	0.7	7:13	6:21	
19	Thu			12:19	4.7	5:33	0.6	6:36	0.9	7:14	6:20	
20	Fri	12:38	3.3	1:12	4.5	6:24	0.7	7:35	1.0	7:15	6:18	
21	Sat	1:33	3.2	2:12	4.4	7:24	0.8	8:38	1.0	7:16	6:17	
22	Sun	2:38	3.1	3:19	4.4	8:31	0.8	9:41	0.9	7:17	6:16	
23	Mon	3:49	3.2	4:26	4.4	9:39	0.7	10:41	0.7	7:18	6:15	
24	Tue	4:57	3.5	5:29	4.4	10:47	0.4	11:37	0.4	7:19	6:13	
25	Wed	5:58	3.9	6:25	4.5	11:52	0.2			7:20	6:12	
26	Thu	6:53	4.4	7:17	4.4	12:28	0.0	12:53	-0.1	7:21	6:11	
27	Fri	7:43	4.7	8:06	4.3	1:16	-0.2	1:49	-0.3	7:22	6:10	
28	Sat	8:32	5.0	8:53	4.2	2:01	-0.4	2:40	-0.4	7:23	6:08	
29	Sun	9:19	5.1	9:40	3.9	2:44	-0.5	3:30	-0.4	7:24	6:07	
30	Mon	10:06	5.1	10:26	3.7	3:27	-0.4	4:18	-0.2	7:25	6:06	
31	Tue	10:52	5.0	11:12	3.5	4:10	-0.2	5:07	0.0	7:26	6:05	