
































Metompkin Inlet, VA - Nov 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:39	4.7	11:58	3.2	4:55	0.1	5:57	0.4	7:27	6:04	
2	Thu			12:27	4.4	5:42	0.4	6:51	0.7	7:28	6:03	
3	Fri	12:47	3.0	1:19	4.1	6:34	0.7	7:47	1.0	7:29	6:02	
4	Sat	1:39	2.8	2:14	3.9	7:29	0.9	8:44	1.1	7:30	6:01	
5	Sun	1:38	2.8	2:14	3.7	7:28	1.1	8:39	1.2	6:31	5:00	
6	Mon	2:42	2.8	3:13	3.6	8:28	1.1	9:28	1.2	6:32	4:59	
7	Tue	3:43	3.0	4:07	3.6	9:26	1.1	10:12	1.0	6:33	4:58	
8	Wed	4:35	3.3	4:54	3.6	10:22	1.0	10:52	0.9	6:34	4:57	
9	Thu	5:19	3.6	5:36	3.7	11:13	0.8	11:30	0.7	6:35	4:56	
10	Fri	6:01	4.0	6:17	3.7	11:59	0.6			6:36	4:55	
11	Sat	6:41	4.3	6:57	3.7	12:07	0.5	12:43	0.5	6:38	4:54	
12	Sun	7:20	4.5	7:38	3.7	12:45	0.3	1:26	0.3	6:39	4:53	
13	Mon	8:01	4.7	8:19	3.6	1:23	0.2	2:09	0.2	6:40	4:53	
14	Tue	8:44	4.9	9:02	3.5	2:02	0.1	2:53	0.2	6:41	4:52	
15	Wed	9:28	4.9	9:47	3.4	2:43	0.1	3:39	0.2	6:42	4:51	
16	Thu	10:15	4.9	10:34	3.3	3:27	0.1	4:29	0.4	6:43	4:50	
17	Fri	11:05	4.7	11:25	3.2	4:16	0.2	5:23	0.5	6:44	4:50	
18	Sat	11:59	4.6			5:11	0.3	6:21	0.5	6:45	4:49	
19	Sun	12:22	3.1	12:57	4.4	6:13	0.4	7:20	0.5	6:46	4:48	
20	Mon	1:26	3.2	1:59	4.2	7:19	0.4	8:19	0.4	6:47	4:48	
21	Tue	2:35	3.3	3:03	4.0	8:27	0.4	9:15	0.2	6:48	4:47	
22	Wed	3:42	3.6	4:05	3.9	9:35	0.3	10:08	0.0	6:49	4:47	
23	Thu	4:42	4.0	5:02	3.8	10:41	0.1	10:59	-0.2	6:50	4:46	
24	Fri	5:36	4.3	5:54	3.7	11:42	-0.1	11:47	-0.4	6:51	4:46	
25	Sat	6:26	4.6	6:43	3.6			12:38	-0.2	6:52	4:45	
26	Sun	7:13	4.8	7:30	3.5	12:34	-0.5	1:29	-0.3	6:53	4:45	
27	Mon	7:59	4.8	8:17	3.4	1:18	-0.5	2:16	-0.3	6:54	4:45	
28	Tue	8:45	4.8	9:02	3.2	2:02	-0.4	3:02	-0.2	6:55	4:44	
29	Wed	9:31	4.6	9:47	3.1	2:45	-0.3	3:47	0.0	6:56	4:44	
30	Thu	10:16	4.4	10:32	3.0	3:29	-0.1	4:33	0.3	6:57	4:44	