
































Metompkin Inlet, VA - Apr 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:58	3.9	2:20	2.8	8:20	0.8	8:13	0.6	6:46	7:25	
2	Tue	3:01	3.9	3:26	2.8	9:22	0.8	9:18	0.5	6:44	7:26	
3	Wed	4:10	4.0	4:35	3.0	10:25	0.7	10:26	0.3	6:43	7:27	
4	Thu	5:15	4.1	5:39	3.3	11:25	0.4	11:32	0.0	6:41	7:28	
5	Fri	6:15	4.3	6:37	3.8			12:21	0.0	6:40	7:29	
6	Sat	7:09	4.4	7:31	4.2	12:34	-0.4	1:11	-0.3	6:39	7:30	
7	Sun	8:00	4.4	8:23	4.6	1:33	-0.7	1:58	-0.6	6:37	7:31	
8	Mon	8:50	4.3	9:13	4.9	2:28	-1.0	2:44	-0.8	6:36	7:31	
9	Tue	9:39	4.2	10:02	5.0	3:20	-1.0	3:29	-0.9	6:34	7:32	
10	Wed	10:27	3.9	10:51	5.0	4:12	-0.9	4:14	-0.8	6:33	7:33	
11	Thu	11:15	3.6	11:41	4.8	5:03	-0.7	5:01	-0.5	6:31	7:34	
12	Fri			12:04	3.3	5:57	-0.3	5:50	-0.2	6:30	7:35	
13	Sat	12:31	4.5	12:54	3.0	6:53	0.1	6:43	0.1	6:28	7:36	
14	Sun	1:25	4.1	1:48	2.8	7:52	0.4	7:41	0.4	6:27	7:37	
15	Mon	2:25	3.8	2:49	2.6	8:54	0.7	8:43	0.6	6:26	7:38	
16	Tue	3:31	3.5	3:57	2.6	9:57	0.9	9:47	0.7	6:24	7:39	
17	Wed	4:38	3.4	5:03	2.8	10:56	0.9	10:50	0.7	6:23	7:40	
18	Thu	5:37	3.4	5:56	3.0	11:45	0.9	11:47	0.6	6:22	7:41	
19	Fri	6:24	3.5	6:40	3.3			12:25	0.7	6:20	7:42	
20	Sat	7:05	3.5	7:20	3.6	12:38	0.5	1:00	0.6	6:19	7:42	
21	Sun	7:43	3.5	7:58	3.9	1:22	0.4	1:34	0.5	6:18	7:43	
22	Mon	8:20	3.6	8:36	4.1	2:02	0.2	2:07	0.3	6:16	7:44	
23	Tue	8:58	3.5	9:14	4.3	2:41	0.1	2:41	0.3	6:15	7:45	
24	Wed	9:36	3.5	9:53	4.4	3:20	0.1	3:16	0.3	6:14	7:46	
25	Thu	10:15	3.4	10:32	4.4	3:59	0.1	3:52	0.3	6:12	7:47	
26	Fri	10:54	3.3	11:13	4.4	4:40	0.2	4:30	0.4	6:11	7:48	
27	Sat	11:35	3.2	11:57	4.4	5:24	0.4	5:12	0.4	6:10	7:49	
28	Sun			12:19	3.1	6:13	0.5	6:00	0.5	6:09	7:50	
29	Mon	12:46	4.3	1:09	3.0	7:06	0.6	6:55	0.6	6:08	7:51	
30	Tue	1:40	4.2	2:06	3.0	8:03	0.7	7:57	0.6	6:06	7:52	