US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Aug 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:39	2.9	7:19	4.4	12:51	0.5	12:24	0.2	6:06	8:10	
2	Fri	7:31	3.0	8:08	4.5	1:44	0.5	1:18	0.1	6:07	8:09	
3	Sat	8:19	3.1	8:52	4.5	2:29	0.4	2:07	0.0	6:08	8:08	
4	Sun	9:03	3.3	9:34	4.5	3:08	0.3	2:51	0.0	6:09	8:07	
5	Mon	9:46	3.4	10:13	4.4	3:44	0.3	3:33	0.0	6:10	8:06	
6	Tue	10:27	3.5	10:51	4.3	4:19	0.3	4:14	0.1	6:11	8:05	
7	Wed	11:07	3.6	11:29	4.1	4:53	0.4	4:55	0.3	6:11	8:04	
8	Thu	11:48	3.7			5:28	0.5	5:38	0.6	6:12	8:03	
9	Fri	12:06	3.8	12:28	3.7	6:03	0.6	6:23	0.8	6:13	8:02	
10	Sat	12:44	3.6	1:11	3.7	6:40	0.8	7:11	1.0	6:14	8:00	
11	Sun	1:25	3.3	1:56	3.7	7:20	0.9	8:03	1.2	6:15	7:59	
12	Mon	2:10	3.1	2:48	3.8	8:04	1.0	8:58	1.3	6:16	7:58	
13	Tue	3:03	2.9	3:46	3.8	8:53	1.0	9:57	1.4	6:17	7:57	
14	Wed	4:02	2.9	4:46	4.0	9:48	1.0	10:58	1.3	6:17	7:55	
15	Thu	5:03	2.9	5:45	4.3	10:46	0.8	11:58	1.1	6:18	7:54	
16	Fri	6:01	3.1	6:40	4.6	11:45	0.5			6:19	7:53	
17	Sat	6:55	3.4	7:32	4.9	12:53	0.8	12:42	0.2	6:20	7:52	
18	Sun	7:47	3.7	8:21	5.1	1:44	0.4	1:37	-0.2	6:21	7:50	
19	Mon	8:38	4.0	9:10	5.2	2:30	0.1	2:29	-0.4	6:22	7:49	
20	Tue	9:29	4.3	9:58	5.1	3:16	-0.2	3:21	-0.6	6:23	7:48	
21	Wed	10:20	4.5	10:46	4.9	4:00	-0.4	4:14	-0.6	6:23	7:46	
22	Thu	11:10	4.7	11:33	4.6	4:45	-0.4	5:08	-0.4	6:24	7:45	
23	Fri			12:01	4.8	5:31	-0.4	6:04	-0.2	6:25	7:44	
24	Sat	12:22	4.2	12:54	4.7	6:20	-0.2	7:04	0.2	6:26	7:42	
25	Sun	1:13	3.8	1:50	4.6	7:11	0.0	8:08	0.5	6:27	7:41	
26	Mon	2:09	3.3	2:52	4.4	8:06	0.2	9:15	0.7	6:28	7:39	
27	Tue	3:12	3.0	4:01	4.3	9:06	0.4	10:26	0.9	6:28	7:38	
28	Wed	4:21	2.9	5:12	4.2	10:09	0.6	11:38	0.9	6:29	7:37	
29	Thu	5:30	2.9	6:15	4.2	11:13	0.6			6:30	7:35	
30	Fri	6:30	3.0	7:08	4.3	12:39	0.8	12:13	0.5	6:31	7:34	
31	Sat	7:18	3.2	7:52	4.3	1:28	0.7	1:06	0.4	6:32	7:32	