
































Metompkin Inlet, VA - Sep 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:01	3.4	8:31	4.3	2:06	0.6	1:52	0.3	6:33	7:31	
2	Mon	8:41	3.6	9:07	4.3	2:39	0.5	2:33	0.2	6:34	7:29	
3	Tue	9:19	3.8	9:43	4.3	3:10	0.5	3:12	0.2	6:34	7:28	
4	Wed	9:58	3.9	10:19	4.2	3:41	0.5	3:51	0.3	6:35	7:26	
5	Thu	10:36	4.1	10:55	4.0	4:12	0.5	4:29	0.4	6:36	7:25	
6	Fri	11:14	4.1	11:32	3.8	4:45	0.6	5:09	0.6	6:37	7:23	
7	Sat	11:52	4.1			5:18	0.7	5:52	0.9	6:38	7:22	
8	Sun	12:09	3.5	12:32	4.1	5:54	0.9	6:37	1.1	6:39	7:20	
9	Mon	12:48	3.3	1:16	4.0	6:35	1.0	7:28	1.3	6:39	7:19	
10	Tue	1:32	3.1	2:08	4.0	7:21	1.2	8:25	1.4	6:40	7:17	
11	Wed	2:24	3.0	3:08	4.0	8:15	1.2	9:25	1.5	6:41	7:15	
12	Thu	3:27	3.0	4:13	4.1	9:16	1.1	10:28	1.4	6:42	7:14	
13	Fri	4:33	3.1	5:16	4.4	10:19	0.9	11:28	1.1	6:43	7:12	
14	Sat	5:36	3.3	6:13	4.6	11:22	0.6			6:44	7:11	
15	Sun	6:33	3.7	7:06	4.9	12:24	0.7	12:22	0.2	6:44	7:09	
16	Mon	7:25	4.1	7:56	5.0	1:14	0.3	1:19	-0.2	6:45	7:08	
17	Tue	8:17	4.5	8:45	5.1	2:00	0.0	2:14	-0.5	6:46	7:06	
18	Wed	9:07	4.9	9:33	4.9	2:45	-0.3	3:06	-0.6	6:47	7:05	
19	Thu	9:57	5.1	10:21	4.7	3:29	-0.5	3:59	-0.6	6:48	7:03	
20	Fri	10:47	5.2	11:10	4.4	4:14	-0.5	4:52	-0.4	6:49	7:02	
21	Sat	11:38	5.2	11:59	4.0	5:00	-0.4	5:48	-0.1	6:49	7:00	
22	Sun			12:30	5.0	5:50	-0.1	6:47	0.2	6:50	6:58	
23	Mon	12:51	3.6	1:27	4.7	6:43	0.2	7:51	0.6	6:51	6:57	
24	Tue	1:47	3.2	2:29	4.4	7:41	0.5	8:59	0.9	6:52	6:55	
25	Wed	2:52	3.0	3:40	4.2	8:45	0.7	10:10	1.0	6:53	6:54	
26	Thu	4:05	2.9	4:53	4.1	9:51	0.8	11:18	1.1	6:54	6:52	
27	Fri	5:17	3.0	5:56	4.1	10:57	0.8			6:55	6:51	
28	Sat	6:14	3.2	6:45	4.1	12:14	1.0	11:57 AM	0.7	6:55	6:49	
29	Sun	6:59	3.4	7:24	4.1	12:57	0.9	12:49	0.6	6:56	6:48	
30	Mon	7:38	3.7	8:00	4.1	1:31	0.7	1:33	0.5	6:57	6:46	