



Metompkin Inlet, VA - Jan 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:19	4.6	9:31	3.2	2:32	-0.4	3:26	-0.1	7:17	4:54	☀
2	Thu	10:01	4.6	10:19	3.3	3:14	-0.5	4:14	-0.2	7:17	4:55	☀
3	Fri	10:49	4.4	11:07	3.4	4:08	-0.4	4:56	-0.2	7:17	4:56	☀
4	Sat	11:37	4.2			4:56	-0.3	5:44	-0.2	7:17	4:57	☀
5	Sun	12:01	3.5	12:25	3.9	5:56	-0.1	6:32	-0.2	7:17	4:58	☀
6	Mon	12:55	3.6	1:13	3.5	6:56	0.0	7:26	-0.2	7:17	4:59	☀
7	Tue	1:55	3.7	2:13	3.2	8:02	0.1	8:20	-0.3	7:17	5:00	☀
8	Wed	3:01	3.8	3:19	3.0	9:08	0.2	9:14	-0.3	7:17	5:00	☀
9	Thu	4:01	4.0	4:19	2.8	10:20	0.1	10:14	-0.4	7:17	5:01	☀
10	Fri	5:07	4.2	5:19	2.8	11:26	0.0	11:08	-0.5	7:17	5:02	☀
11	Sat	6:01	4.3	6:19	2.8			12:26	-0.1	7:17	5:03	☀
12	Sun	7:01	4.4	7:13	2.9	12:08	-0.6	1:20	-0.3	7:16	5:04	☀
13	Mon	7:49	4.4	8:01	3.0	1:02	-0.8	2:08	-0.3	7:16	5:05	☀
14	Tue	8:37	4.4	8:49	3.0	1:50	-0.8	2:50	-0.3	7:16	5:06	☀
15	Wed	9:25	4.3	9:37	3.1	2:38	-0.8	3:32	-0.3	7:16	5:07	☀
16	Thu	10:07	4.1	10:19	3.1	3:20	-0.6	4:14	-0.2	7:15	5:08	☀
17	Fri	10:43	3.9	11:01	3.1	4:08	-0.4	4:50	-0.1	7:15	5:09	☀
18	Sat	11:25	3.6	11:43	3.1	4:50	-0.1	5:32	0.1	7:14	5:11	☀
19	Sun			12:07	3.3	5:38	0.2	6:08	0.2	7:14	5:12	☀
20	Mon	12:31	3.1	12:49	3.0	6:32	0.4	6:50	0.4	7:13	5:13	☀
21	Tue	1:19	3.1	1:37	2.7	7:20	0.7	7:32	0.5	7:13	5:14	☀
22	Wed	2:13	3.1	2:25	2.5	8:20	0.8	8:20	0.5	7:12	5:15	☀
23	Thu	3:07	3.2	3:25	2.5	9:14	0.9	9:08	0.5	7:12	5:16	☀
24	Fri	4:07	3.4	4:19	2.5	10:14	0.8	10:02	0.4	7:11	5:17	☀
25	Sat	5:01	3.6	5:13	2.6	11:14	0.7	10:56	0.2	7:10	5:18	☀
26	Sun	5:55	3.9	6:07	2.7			12:08	0.5	7:10	5:19	☀
27	Mon	6:43	4.1	6:55	2.9			12:50	0.2	7:09	5:20	☀
28	Tue	7:31	4.4	7:37	3.1	12:38	-0.4	1:38	0.0	7:08	5:21	☀
29	Wed	8:13	4.5	8:25	3.4	1:26	-0.7	2:20	-0.3	7:08	5:23	☀
30	Thu	9:01	4.6	9:13	3.6	2:14	-0.8	3:02	-0.5	7:07	5:24	☀
31	Fri	9:43	4.6	10:01	3.8	3:02	-0.9	3:44	-0.6	7:06	5:25	☀